

# **SYLLABUS 2022-2023**

## **ENGLISH**

### **VII**

#### **Term 1: 4<sup>th</sup> April to 10<sup>th</sup> September 2022**

##### **4<sup>th</sup> to 8<sup>th</sup> April**

- Honeycomb : L-1 Three Questions**  
**Writing Practice : Informal letter: Suggesting your younger brother to take care of his health post Covid pandemic.**  
**Class Activity : Calligraphy**

##### **11<sup>th</sup> to 15<sup>th</sup> April**

- An Alien Hand : L-1 The Tiny Teacher**  
**Fresh Way : L-4 Verbs**  
**Writing Practice: Notice Writing (Lost/Found)**

##### **18<sup>th</sup> to 23<sup>rd</sup> April**

- Honeycomb : Poem-1 The Squirrel**  
**Fresh Way : L-4 contd.**  
**Writing Practice: Paragraph Writing: 'An Important Person in Your Life'**

##### **25<sup>th</sup> to 29<sup>th</sup> April**

- Honeycomb : L-2 A Gift of Chappals**  
**An Alien Hand : L-1 contd.**  
**Class Activity: Create a 'bookmark' and write a quote related to 'friendship' on it. Click its picture and make a pdf file of the same. Upload it in your Activity Portfolio.**

##### **3<sup>rd</sup> to 7<sup>th</sup> May**

- Honeycomb : Poem-2 The Rebel**  
**An Alien Hand : L-2 Bringing Up Kari**  
**Fresh Way : L-1 Pronouns**

##### **9<sup>th</sup> to 13<sup>th</sup> May**

**Honeycomb** : **L-3 Gopal and the Hilsa Fish**  
**An Alien Hand** : **L-2 contd.**  
**Writing Practice** : **Article Writing: Benefits of Yoga and Meditation post pandemic**

**16<sup>th</sup> to 20<sup>th</sup> May**

**Honeycomb** : **Poem-3 The Shed**  
**Fresh Way** : **L-2 Adjectives**  
**Grammar Practice:** **Omitting/Editing**  
**Class Activity** : **Download animal characters from the mystery animals app and make a digital collage of animal characters. Upload the pdf in your activity portfolio.**

**4<sup>th</sup> to 8<sup>th</sup> July**

**Honeycomb** : **Poem-3 contd.**  
**Fresh Way** : **L-2 contd.**  
**Writing Practice** : **Bio- Sketch**  
**Class Activity** : **Write a hilarious poem.**

**11<sup>th</sup> to 15<sup>th</sup> July**

**Honeycomb** : **L-4 The Ashes That Made Trees Bloom**  
**Fresh Way** : **L-8 Tenses – Forms and Uses**  
**(Present Tense Ex. 46 to 58)**  
**Writing Practice:** **Leave Application (Sick Leave)**

**18<sup>th</sup> to 23<sup>rd</sup> July**

**Honeycomb** : **L-4 contd.**  
**An Alien Hand** : **L-3 The Desert**  
**Writing Practice:** **Speech Writing: 'Significance of Corruption Free India'**

**25<sup>th</sup> to 29<sup>th</sup> July**

**Honeycomb** : **Poem-4 Chivvy**  
**An Alien Hand** : **L-3 contd.**  
**Fresh Way** : **L-10 Active and Passive Voice**

**Class Activity : Sketch a scene of a desert and Upload the pdf in your activity portfolio.**

**1<sup>st</sup> to 6<sup>th</sup> Aug**

**Honeycomb : Poem-4 contd.**

**An Alien Hand : L-4 The Cop and the Anthem (Comprehension)**

**Fresh Way : L-10 contd.**

**Writing Practice: Message Writing**

**8<sup>th</sup> to 12<sup>th</sup> Aug**

**Honeycomb : L-5 Quality**

**An Alien Hand : L-4 contd.**

**Fresh Way : L-8 Tenses (Past Tense Ex. 59 to 65)**

**Writing Practice: E-mail Writing: Write an email to your friend suggesting him / her the importance of following road safety rules.**

**16<sup>th</sup> to 18<sup>th</sup> Aug**

**Honeycomb : Poem-5 Trees**

**Fresh Way : L-5 Adverbs**

**Writing Practice: A short paragraph on “The Indian Flag”.**

**22<sup>nd</sup> to 26<sup>th</sup> Aug**

**Honeycomb : Poem-5 contd.**

**An Alien Hand : L-5 Golu Grows a Nose**

**Fresh Way : L-14 Capital Letters and Punctuation**

**Class Activity : Prepare an audio visual clip in which the students will be required to identify the wrongly pronounced words from ‘Quality’ lesson with the help of ‘Pronunciation’ app and record the correct pronunciation in their own voice and upload the audio recording clip in their activity portfolio.**

## **REVISION (29<sup>th</sup> Aug to 10<sup>th</sup> Sept)**

### **29<sup>th</sup> Aug to 2<sup>nd</sup> Sep**

<b>Honeycomb</b>	<b>:</b>	<b>L-1, L-3</b>
<b>An Alien Hand</b>	<b>:</b>	<b>L-1, L-3</b>
<b>Fresh Way</b>	<b>:</b>	<b>Past Tense, Active and Passive Voice, Verbs, Pronouns</b>
<b>Writing Practice</b>	<b>:</b>	<b>Article Writing, E-mail Writing, Notice Writing &amp; Bio-sketch</b>

### **5<sup>th</sup> to 10<sup>th</sup> Sep:**

<b>Honeycomb</b>	<b>:</b>	<b>L-4, L-5</b>
<b>An Alien Hand</b>	<b>:</b>	<b>L-4, L-5</b>
<b>Fresh Way</b>	<b>:</b>	<b>Adjectives, Omitting/Editing, Present Tense, Adverbs</b>
<b>Writing Practice</b>	<b>:</b>	<b>Message Writing, Informal letter Writing, Paragraph Writing and Leave Application Writing.</b>

**( Question/Answer and all notebook work along with Diary Entry )**

## **Term 2: 3rd October 2022 – 28<sup>th</sup> February '23**

### **3<sup>rd</sup> to 7<sup>th</sup> Oct**

<b>Honeycomb</b>	<b>:</b>	<b>L-6 Expert Detectives</b>
<b>An Alien Hand</b>	<b>:</b>	<b>L-6 I Want Something in a Cage</b>
<b>AI Class Activity</b>	<b>:</b>	<b>Identify if any human or animal character from the lesson 'I Want Something in a Cage' can be equated with a modern day Chatbot after downloading Chatbot app from playstore. The students will have to answer the above question as a group discussion exercise and record their discussion as a voice clip. Upload it in the activity portfolio.</b>

### **10<sup>th</sup> to 15<sup>th</sup> Oct**

<b>Fresh Way</b>	<b>:</b>	<b>L-9 Modals</b>
<b>Writing Practice:</b>		<b>Notice Writing (Competition)</b>

**17<sup>th</sup> to 20<sup>th</sup> Oct**

- Honeycomb : Poem-6 Mystery of the Talking Fan**  
**An Alien Hand : L-6 contd.**  
**Writing Practice : Informal Letter: Write a letter to your friend inviting him/her to celebrate Diwali with you.**

**27<sup>th</sup> and 28<sup>th</sup> Oct**

- Honeycomb : L-7 The Invention of Vita-Wonk**  
**Fresh Way : L-9 Modals Contd.**  
**Writing Practice: Message Writing**

**31<sup>st</sup> Oct to 4<sup>th</sup> Nov**

- Honeycomb : L-7 contd.**  
**An Alien Hand : L-7 Chandni**  
**Fresh Way : L-6 Preposition**

**7<sup>th</sup> to 12<sup>th</sup> Nov**

- Honeycomb : Poem-7 Dad and the Cat and the Tree**  
**An Alien Hand : L-7 contd.**  
**Writing Practice: Story Writing**  
**Class Activity : Everyday Conversation**

**14<sup>th</sup> to 18<sup>th</sup> Nov**

- Honeycomb : L-8 Fire: Friend and Foe**  
**Fresh Way : L-7 Conjunctions**  
**Writing Practice: Speech Writing: Harmful Effects of Noise Pollution**  
**Class Activity : Prepare a PPT justifying whether Fire is a friend or a foe. Upload the same in your Activity Portfolio.**

**21<sup>st</sup> to 25<sup>th</sup> Nov**

- Honeycomb : Poem-8 Meadow Surprises**  
**An Alien Hand : L-8 The Bear Story**  
**Fresh Way : L-7 contd.**

**28<sup>th</sup> Nov to 2<sup>nd</sup> Dec**

**Fresh Way** : **L-13 Direct and Indirect Speech**  
**Writing Practice** : **Bio-Sketch**  
**Class Activity** : **Students will be asked to write four lines ending with rhyming words and create a short poem. Use [versebyverse.com](http://versebyverse.com) for the same.**

**5<sup>th</sup> to 10<sup>th</sup> Dec**

**Honeycomb** : **L-9 A Bicycle in Good Repair**  
**An Alien Hand** : **L-8 contd.**  
**Writing Practice** : **E-Mail Writing: Mobile - A Tool for Recreation and Knowledge**

**12<sup>th</sup> to 16<sup>th</sup> Dec**

**Honeycomb** : **Poem-9 Garden Snake**  
**Fresh Way** : **L-13 Contd.**  
**Grammar Practice:** **Editing**

**19<sup>th</sup> to 23<sup>rd</sup> Dec**

**An Alien Hand** : **L-9 A Tiger in the House**  
**Fresh Way** : **L-3 Articles**  
**Grammar Practice:** **Omitting**

**26<sup>th</sup> to 30<sup>th</sup> Dec**

**Honeycomb** : **L-10 The Story of Cricket**  
**An Alien Hand** : **L-9 contd.**  
**Class Activity :** **Write a slogan' on 'Water Conservation' and upload the pdf file in your activity portfolio.**

**16<sup>th</sup> to 21<sup>st</sup> Jan**

**Honeycomb** : **L-10 contd.**  
**An Alien Hand** : **L-10 An Alien Hand (Comprehension)**  
**Writing Practice:** **Leave Application (For Urgent piece of work)**

**23<sup>rd</sup> to 27<sup>th</sup> Jan**

**An Alien Hand** : **L-10 contd.**

**Fresh Way : Dialogue Completion**  
**Class Activity : Make an art exhibition gallery of famous cricketers of India and upload the pdf file in your activity portfolio.**

**30<sup>th</sup> Jan to 3<sup>rd</sup> Feb:**

**An Alien Hand : L-10 contd.**  
**Fresh Way : Dialogue Completion contd.**  
**Class Activity : The students will be asked to do roleplay/enact from any literature character related to term 2 syllabus by monoacting. They will upload their videos in the activity portfolio.**

### **Revision (6<sup>th</sup> to 28<sup>th</sup> Feb'23)**

**6<sup>th</sup> to 10<sup>th</sup> Feb:**

**Honeycomb : L-6 Expert Detectives, L-7 The Invention of Vita-Wonk**  
**An Alien Hand: L-6 I Want Something in a Cage, L-7 Chandni**  
**Fresh Way : Omitting/Editing, Direct-Indirect Speech**  
**Writing Practice: Letter Writing, Message Writing**

**13<sup>th</sup> to 17<sup>th</sup> Feb**

**Honeycomb : L-8 Fire: Friend and Foe, L-9 A Bicycle in Good Repair**  
**An Alien Hand: L-8 The Bear Story, L-9 A Tiger in the House**  
**Fresh Way : Modals, Preposition**  
**Writing Practice: E-mail Writing, Speech Writing**

**20<sup>th</sup> to 25<sup>th</sup> Feb**

**Revision of all poem and prose extracts will be done along with Diary Entry.**

**27<sup>th</sup> and 28<sup>th</sup> Feb**

**Revision of Term-1 syllabus will be done**

**Syllabus of PTs**

**PT 1 Honeycomb : L-1 Three Questions**

**Honeycomb : Poem-1 The Squirrel**  
**An Alien Hand : L-1 The Tiny Teacher**  
**Fresh Way : L-4 Verbs**  
**L-1 Pronoun**  
**Writing : Notice Writing**

**PT 2 Honeycomb : L-2 A Gift of Chappals**  
**Honeycomb : Poem-2 The Rebel**  
**An Alien Hand : L-2 Bringing up Kari**  
**Fresh Way : L-10 Active and Passive Voice**  
**L-8 Tense (Present Tense)**  
**Writing : Paragraph Writing**

**PT 3 Honeycomb : L-6 Expert Detectives**  
**Honeycomb : Poem-6 Mystery of the Talking Fan**  
**An Alien Hand : L-6 I Want Something in a Cage**  
**Fresh Way : L-8 Past Tense**  
**L-9 Modals**  
**Writing : Message Writing**

**PT 4 Honeycomb : L-7 The Invention of Vita-Wonk**  
**Honeycomb : Poem-7 Dad and the Cat and the Tree**  
**An Alien Hand : L-8 The Bear Story**  
**Fresh Way : L-3 Articles**  
**L-13 Direct and Indirect Speech**  
**Writing : E-Mail Writing**

**Half Yearly**

**Honeycomb : Lesson 1 to 5**  
**An Alien Hand : Lesson 1 to 5**  
**Writing & Grammar : 2nd April to 28<sup>th</sup> August**

**Final Exam**

**Honeycomb : Lesson 6 to 10**  
**Lesson 1 and 3**

**An Alien Hand** : **Lesson 6 to 10**  
**Lesson 3 and 5**  
**Writing** : **Full Syllabus**  
**Grammar** : **29<sup>th</sup> September to 29<sup>th</sup> January 2021**  
**and L-8: Tenses (Present & Past)**

**Pattern for Periodic Test**

**Time: 30-35 Mins.**

**MM: 20**

Section	A			B			C			D			Total
	Reading			Writing			Grammar			Literature			
Ques.	1			2			3	4	5	6	7		
M.M.	05			05			02	02	02	02	02	20	

**Pattern for Half Yearly & Yearly Examination**

**Time: 3 Hrs**

**MM: 80**

Section	Reading			Writing				Grammar					Literature			
	A (20)			B (20)				C (15)					D (25)			
Ques.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
													a	b	c	
M.M.	10	5	5	3	5	6	6	3	3	3	3	3	3	3	3	
														10	6	

सत्र 1 : 4 अप्रैल से 10 सितंबर 2022

4 से 8 अप्रैल

वसंत : पाठ 1 हम पंखी उन्मुक्त गगन के

व्याकरण : भिन्नार्थक शब्द पृष्ठ 87-88 (1-7)

विलोम शब्द पृष्ठ 85 (1-15)

पर्यायवाची शब्द पृष्ठ 72 (1-10)

रचनात्मक-कार्य : 'कोरोना ठीक होने के बाद क्या करना चाहिए, क्या नहीं' विषय पर चर्चा।

11 से 15 अप्रैल

वसंत : पाठ 2 दादी माँ

व्याकरण : अनेकार्थक शब्द पृष्ठ 79 (1-6)

अनेक शब्दों के लिष्ट एक शब्द पृष्ठ 82 (1-10)

शुद्ध करो पृष्ठ 187 (1-3)

रचनात्मक-कार्य : आपके जीवन में महत्वपूर्ण व्यक्ति पर कविता या लेख लिखें या सुनाएँ।

18 से 23 अप्रैल

वसंत : पाठ 3 हिमालय की बेटियाँ

व्याकरण : वर्ण-विचार, संज्ञा, मुहावरे पृष्ठ 201-202 (1-12)

रचनात्मक-कार्य : पाँच नदियों के नाम तथा नदी का चित्र बनाना।

25 से 29 अप्रैल

वसंत : पाठ 4 कठमुतली

व्याकरण : लोकीकृतियाँ पृष्ठ 204-205 (1-7) अपठित गद्यबंध

रचनात्मक-कार्य : 'स्वावलंबन' विषय पर कहानी सुनाना।

3 से 7 मई

वसंत : पाठ 5 मिठाईवाला

व्याकरण : सर्वनाम, वाक्य

4 से 13 मई

वसंत : पाठ 5 मिठाईवाला

व्याकरण : समास (अव्ययीभाव, तत्पुरुष एवं कर्मवाच्य)

रचनात्मक कार्य : फेरीवालों के बारे में विचार व्यक्त करना

निबंध : करी योग, रही नीरीग

16 से 20 मई

वसंत : पाठ 6 रक्त और हमारा शरीर

व्याकरण : क्रिया

रचनात्मक-कार्य : रक्तदान पर स्लोगन लिखना।

4 से 8 जुलाई

वसंत : पाठ 6 रक्त और हमारा शरीर

पत्र : बालसभा आयोजित करने हेतु प्रधानाचार्य

जी की प्रार्थना-पत्र।

रचनात्मक-कार्य : शरीर के अंगों से संबंधित 10 मुहूर्त

A4 Sheet पर लिखना।

11 से 15 जुलाई

वसंत : पाठ 7 पापा खी गए

व्याकरण : कर्ता, कर्म एवं क्रिया की पहचान।

विलीन शब्द पृष्ठ 85 (16-35)

18 से 23 जुलाई

वसंत : पाठ 7 पापा खी गए

निबंध : सच्चरित्रता का महत्त्व

व्याकरण : शुद्ध करिए पृष्ठ 188 (4,5)

25 से 29 जुलाई

वसंत : पाठ 8 शाम - एक किसान

व्याकरण : अनेक शब्दों के लिए एक शब्द पृष्ठ 82

(11-18)

रचनात्मक-कार्य : प्रकृति की हटा दिखाते हुए चित्र बनाना।

1 से 6 अगस्त

वसंत : पाठ 9 चिड़िया की बच्ची

पत्र : जन्मदिन पर प्राप्त उपहार हेतु चाचा जी को पत्र।

रचनात्मक-कार्य : 'मों' पर कविता लिखना।

8 से 12 अगस्त

वसंत : पाठ 9 चिड़िया की बच्ची

व्याकरण : भिन्नार्थक शब्द पृष्ठ 88 (8-15)

अनेकार्थक शब्द पृष्ठ 79 (7-12)

रचनात्मक-कार्य : 'सड़क सुरक्षा नियमों का महत्व' विषय पर चर्चा।

16 से 18 अगस्त

वसंत : पाठ 10 अपूर्व अनुभव

व्याकरण : पर्यायवाची शब्द पृष्ठ 72 (11-20)

मुहावरे पृष्ठ 202-203 (13-25)

रचनात्मक-कार्य : राष्ट्रीय झंडा बनाना (A4 sheet पर)।

22 से 26 अगस्त

वसंत : पाठ 10 अपूर्व अनुभव

व्याकरण : लौकिकितियाँ पृष्ठ 205-206 (8-14)

पत्र : अपने छोटे भाई को व्यायाम के महत्व पर प्रकाश डालते हुए पत्र।

पुनरावृत्ति (29 अगस्त से 10 सितंबर)

29 अगस्त से 2 सितंबर

वसंत : पाठ 5 से 7

व्याकरण : अनेक शब्दों के लिए एक शब्द, पर्यायवाची शब्द, विलीन शब्द, भिन्नार्थक शब्द, अनेकार्थक शब्द।

5 से 10 सितंबर

वसंत : पाठ 8 से 10

व्याकरण : वाक्य , समास , संज्ञा , सर्वनाम , क्रिया

सत्र 2 : 3 अक्टूबर 2022 से 28 फरवरी 2023

3 से 7 अक्टूबर

वसंत : पाठ 11 रहीम के दोहे

व्याकरण : पर्यायवाची शब्द पृष्ठ 72 (21-30)

शुद्ध कश्चित् पृष्ठ 188 (6-7)

विलोम शब्द पृष्ठ 85 (36-50)

रचनात्मक-कार्य : कौई दो दोहे सस्वर सुनाना ।

10 से 15 अक्टूबर

वसंत : पाठ 11 रहीम के दोहे

व्याकरण : अनेक शब्दों के लिए एक शब्द पृष्ठ 82 (14-27)

अनेकार्थक शब्द पृष्ठ 79-80 (13-14)

17 से 20 अक्टूबर

वसंत : पाठ 12 कंचा

व्याकरण : भिन्नार्थक शब्द पृष्ठ 88 (16-31)

निबंध : प्रकाश पर्व - दीपावली

27 और 28 अक्टूबर

वसंत : पाठ 12 कंचा

व्याकरण : विराम-चिह्न , विशेषण

31 अक्टूबर से 4 नवंबर

व्याकरण : विराम-चिह्न , विशेषण , क्रियाविशेषण , कारक

रचनात्मक-कार्य : गली-मोहल्लों में खेलें जाने वाले खेलों के नाम लिखिए ।

7 से 12 नवंबर

वसंत : पाठ 13 एक तिनका

व्याकरण : विलोम शब्द पृष्ठ 85 (51-65), कारक

पत्र : अपने मित्र को जन्मदिन पर निमंत्रण भेजते हुए पत्र।

रचनात्मक-कार्य : 'विनम्रता का महत्व' पर विचार-विमर्श।

14 से 18 नवंबर

वसंत : पाठ 14 खानपान की बदलती तस्वीर

व्याकरण : मुहावरे पृष्ठ 203 (26-35)

लौकीकृतियाँ पृष्ठ 206 (15-22)

निबंध : प्रदूषण की समस्या

21 से 25 नवंबर

वसंत : पाठ 14 खानपान की बदलती तस्वीर

व्याकरण : समास (द्वन्द्व, द्विगु एवं बहुव्रीहि)

उपसर्ग-प्रत्यय

रचनात्मक-कार्य : संतुलित आहार का चार्ट।

28 नवंबर से 2 दिसंबर

वसंत : पाठ 15 नीलकंठ

व्याकरण : पर्यायवाची शब्द पृष्ठ 73 (31 से 40)

पत्र : यात्रा की मंगलकामना हेतु मित्र को पत्र।

5 से 10 दिसंबर

वसंत : पाठ 15 नीलकंठ

रचनात्मक-कार्य : पशुओं और पक्षियों से संबंधित

पी.पी.टी. तैयार करना।

12 से 16 दिसंबर

वसंत : पाठ 16 भोर और बरखा

रचनात्मक-कार्य : मीरा जी के पद सस्वर सुनाना।

19 से 23 दिसंबर

व्याकरण : अनेक शब्दों के लिए एक शब्द पृष्ठ 82-83 (28 से 36)

मुहावरे पृष्ठ 203-204 (36-50)

संवाद-लेखन : परीक्षा की विशेष तैयारी के संबंध में अध्यापिका एवं छात्रा के मध्य संवाद ।

26 से 30 दिसंबर

वसंत : पाठ 17 वीर कुँवर सिंह

व्याकरण : विलोम शब्द पृष्ठ 85 (66-75)

पत्र : सांस्कृतिक खेलकूद की व्यवस्था हेतु प्रार्थना पत्र ।

रचनात्मक-कार्य : शहीदों को श्रद्धांजलि अर्पित करते हुए कोई गीत ।

16 से 21 जनवरी

वसंत : पाठ 18 संघर्ष के कारण मैं तुनुकमिजाज हो गया :  
धनराज

व्याकरण : अनैकार्थक शब्द पृष्ठ 80 (20-25)

शुद्ध करिए पृष्ठ 189 (8, 9)

रचनात्मक-कार्य : ' हॉकी : भारत का राष्ट्रीय खेल ' पर चर्चा ।

23 से 27 जनवरी

वसंत : पाठ 19 आश्रम का अनुमानित व्यय

व्याकरण : लौकिकीय पृष्ठ 207 (23-28)

रचनात्मक-कार्य : महात्मा गाँधी जी के जीवन से मिलने वाली प्रेरणाओं पर विचार-विमर्श ।

30 जनवरी से 3 फरवरी

वसंत : पाठ 20 विप्लव-गाथन

संवाद-लेखन : माता और पुत्री के बीच में होने वाला स्वास्थ्य संबंधी संवाद ।

रचनात्मक-कार्य : देशभक्ति से संबंधित किसी कविता या गीत का सुनना ।

## पुनरावृत्ति ( 6 से 28 फरवरी 2023 )

6 से 10 फरवरी

वसंत : पाठ 11 से 14

व्याकरण : समास , कारक , विशेषण , मुहावरे

13 से 17 फरवरी

वसंत : पाठ 15 से 18

व्याकरण : विलोम शब्द , क्रियाविशेषण , लौकिकित्तियाँ

20 से 25 फरवरी

वसंत : पाठ 19, 20, 1

व्याकरण : उपसर्ग-प्रत्यय , पर्यायवाची शब्द

27 और 28 फरवरी

वसंत : पाठ 5, 9

व्याकरण : अनैकार्थक शब्द

### Periodic Test

माध्यक्रम

### Periodic Test 1

वसंत : पाठ 1, 2

व्याकरण : भिन्नार्थक शब्द (1-7), विलोम शब्द (1-15), पर्यायवाची शब्द (1-10), अनैकार्थक शब्द (1-6), अनेक शब्दों के लिए एक शब्द (1-10), शुद्ध करिए (1-3) लिंग, वचन, सर्वनाम संबंधी अशुद्धियाँ।

### Periodic Test 2

वसंत : पाठ 3, 4

व्याकरण : संज्ञा , सर्वनाम , वर्णविचार , वाक्य , मुहावरे (1-12) , लौकिकित्तियाँ (1-7)

### Periodic Test 3

- वसंत : पाठ 11, 12  
 व्याकरण : पर्यायवाची शब्द (21-30), भिन्नार्थक शब्द (16-31),  
 शुद्ध करिए (6-7), अनैकार्थक शब्द (13-14),  
 अनेक शब्दों के लिए एक शब्द (14-27),  
 विलोम शब्द (36-50)

### Periodic Test 4

- वसंत : पाठ 13, 14  
 व्याकरण : विशेषण, क्रियाविशेषण, विराम-चिह्न, कारक,  
 समास (द्वन्द्व, द्विगु एवं बहुव्रीहि),  
 विलोम शब्द (51-65)

### अर्द्धवार्षिक परीक्षा - पाठ्यक्रम

- वसंत : पाठ 1 से 10  
 व्याकरण : 4 अप्रैल से 26 अगस्त तक।

### वार्षिक परीक्षा - पाठ्यक्रम

- वसंत : पाठ 1, 5, 9, 11 से 20  
 व्याकरण : समास (अव्ययीभाव, तत्पुरुष, कर्मधारय),  
 3 अक्टूबर 2022 से 3 फरवरी 2023 तक।

Periodic Test  
अंक विभाजन

दस्ता	आकरण	कुल
08	12	20

अंक विभाजन			
	खण्ड-क	अर्द्धवार्षिक परीक्षा अंक	वार्षिक परीक्षा अंक
1	(क) विलोम शब्द	02	02
	(ख) अनेक शब्दों के लिए एक शब्द	02	02
2	(क) अनेकवचनक शब्द	02	02
	(ख) पर्यायवाची शब्द	02	02
3	(क) विन्यायक शब्द	02	02
	(ख) कुछ कर्त	02	02
4	शक्य	02	-
	प्रत्यय एवं उपसर्ग	-	02
5	वर्ण-विच्छेद	02	-
	विराम-चिह्न	-	02
6	संज्ञा	02	-
	शरक	-	02
7	सम्बन्ध	02	02
8	मुताबरे एवं लोकोक्तिवाची	03	03
9	सर्वनाम	03	-
	विशेषण	-	03
10	क्रिया	03	-
	क्रिया विशेषण	-	03
11	अदीत शब्द	05	-
	संज्ञा-शेषण	-	05
12	पत्र	05	05
13	निबन्ध	06	06
	खण्ड - ख (35)		
14	सामान्य ज्ञान/प्रश्नोत्तर (6+4)	10	10
15	आत्म्य स्पष्ट करे	04	04
16-19	प्रश्नोत्तर	16	16
20	समाप्ति	05	05
	कुल	80	80

\*Questions of creative and critical thinking (CCT) will be done weekly.

**SYLLABUS 2022-2023****MATHEMATICS (CLASS VII)**

Term 1 : 4th April to 10th September' 22

4th to 8th April	: Ch.1 Integers Ex 1.1 ,Ex 1.2
11th to 15th April	: Ex 1.3,Ex 1.4
18th to 23rd April	: Ch-2 Fractions and Decimals Ex 2.1,Ex 2.2 Activity: Addition of Integers (Art Integrated)
25th to 29th April	: Ex 2.3, Ex 2.4, Ex 2.5
3rd to 7th May	: Ex 2.6 and Ex 2.7  Activity: Convert fraction into decimal and vice versa (Art Integrated)
9th to 13th May	: Ch-9 Rational Numbers,Ex 9.1 Activity: Interactive number line (Art Integrated)
16th to 20th May	: Ex 9.2 Assignment will be given
4th to 8th July	: Ch-8 Comparing Quantity Ex 8.1,Ex 8.2
11th to 15th July	: Ex 8.3 Assignment will be given Activity: Video on Simple Interest (Artificial Intelligence)
18th to 23rd July	: Ch-3 Data Handling Ex 3.1, Ex 3.2
25th to 29th July	: Ex 3.3, Ex 3.4 Activity: Compare the students of class 7 attending online and offline using double bar graph (Artificial intelligence)
1st to 6th Aug	: Ch-5 Lines and Angles, Ex 5.1
8th to 12th Aug	: Ex 5.2 Activity: Relation between angle when two Parallel lines are cut by a transversal line.

16th to 18th Aug	: Ch.14 Symmetry Ex 14.1
22nd to 26th Aug	: Ex 14.2 , Ex14.3 Activity of symmetry(Art Integrated)
29th Aug to 2nd Sept	: Revision of Ch 8 , 9 , 2
5th to 10th Sept	: Revision of Ch 3 , 5 , 1

**Term 2 : 3rd Oct 2022 to 28th Feb 2023**

3rd to 7th Oct	: Ch.4 Simple Equations Ex 4.1
10th to 15th Oct.	: Ex 4.2, Ex 4.3 Activity: To solve linear equation (Artificial intelligence)
17th to 20th Oct	: Ex 4.4 Assignment will be given
27th and 28th Oct	: Ch-6 Triangle and Its Properties Ex 6.1, Ex 6.2 Activity : To verify angle sum property of a triangle
31st Oct to 4th Nov	: Ex 6.2 ,Ex 6.3
7th to 12th Nov	: Ex 6.4 , Ex6.5 Activity : To verify triangle inequality Property
14th to 18th Nov	: Ch-11Perimeter and Area Ex 11.1, Ex 11.2 Activity:To find area of a triangle

21st to 25th Nov	: Ex 11.3, Ex 11.4 Activity :To find area of parallelogram
28th Nov to 2nd Dec	: Ch-13 Exponents and Powers Ex 13.1, Ex 13.2
5th to 10th Dec.	: Ex13.3 Assignment will be given. Activity: Exponents using paper folding (Art Integrated)
12th to 16th Dec.	: Ch.10 Practical Geometry Ex 10.1, Ex 10.2
19th to 23rd Dec	: Ex 10.3, Ex 10.4, Ex 10.5
26th to 30th Dec	: Ch-7 Congruence of Triangle Ex 7.1, Ex 7.2 Activity: Video on different congruency criterion of triangle (Artificial Intelligence)
16th to 21st Jan	: Ch-12 Algebraic Expression Ex 12.1, Ex 12.2, Ex 12.3
23rd to 27th Jan	: Ex 12.4 Assignment will be given
30thJan to 3rd Feb	: Ch-15 Visualising Solid Shapes Ex 15.1, Ex 15.2,Ex 15.3 , Ex15.4 Activity : Net of 3 D shapes
6th to 10th Feb	: Revision of ch 12 , 15
13th to 17th Feb	: Revision of ch 4 , 6
20th to 25th Feb	: Revision of Ch 7 ,10
27th and 28th Feb	: Revision of Ch 11,13

Syllabus for Periodic Tests												
PT 1	PT 2	PT 3	PT4									
Ch 1, 2	Ch 8, 9	Ch 4, 6	Ch 11, 13									
Pattern for Periodic Test												
Ques.	2	3	3	Total								
M.M.	01	02	04	20								
Pattern for Half Yearly and Yearly Exams												
Section	A	B	C	D	TOTAL							
No. of Questions	20	06	08	06	80							
Marks	01	02	03	04								
Lessonwise Weightage of Half Yearly Exams												
L. No.	1	2	3	5	8	9	14	TOTAL				
Marks	10	13	13	13	13	13	05	80				
Lessonwise Weightage of Yearly Examination												
L. No.	4	6	7	10	11	12	13	15	3	2	9	TOTAL
Marks	08	10	08	08	10	09	10	03	04	06	04	80

**Term 1 : 4th April to 10th September 2022**

**4<sup>th</sup> to 8<sup>th</sup> April** : Ch.1 Nutrition in Plants

**11<sup>th</sup> to 15<sup>th</sup> April** : Ch. 1 Contd

**Activity** : To make a PPT on different modes of nutrition in plant

**18<sup>th</sup> to 23<sup>rd</sup> April** : Ch. 4 Heat

**25<sup>th</sup> to 29<sup>th</sup> April** : Ch 4 Heat

**Activity** : To demonstrate heat transfer in solids with the help of pin & wax

**3<sup>rd</sup> to 7<sup>th</sup> May** : Ch. 3 Fibre to Fabric

**Activity** : To pretend to be a natural fibre and write a story about its journey to become a fabric on [www.inklewriter.com](http://www.inklewriter.com)

**9<sup>th</sup> to 13<sup>th</sup> May** : Ch. 2 Nutrition in Animals

**16<sup>th</sup> to 20<sup>th</sup> May** : Ch. 2 Contd

**Activity** : To study the saprotrophic mode of nutrition in growing fungus

**4<sup>th</sup> to 8<sup>th</sup> July** : Ch-9 Soil

**Activity** : To show that soil contains moisture or water

**11<sup>th</sup> to 15<sup>th</sup> July** : Ch 6 Physical & Chemical changes

**18<sup>th</sup> to 23<sup>rd</sup> July** : Ch 6 Contd

**Activity** : To study the conditions of rusting

To show the characteristics of physical and chemical changes through different videos

**25<sup>th</sup> to 29<sup>th</sup> July** : Ch 8 Winds, Storms and Cyclones

**1st to 6<sup>th</sup> August** : Ch 8 Contd

**Activity** : To use 'Google Earth App' to locate different areas where storms and cyclone occurred in last two years

**8<sup>th</sup> to 12<sup>th</sup> Aug** : Ch 10 Respiration in Organisms

**16<sup>th</sup> to 18<sup>th</sup> Aug** : Ch 10 Contd

**Activity** : To show that exhaled air contains carbon-dioxide

**22nd to 26th Aug.** : Ch.15 Light

**Activity** : To make a colour disc (Newton disc)

**29th Aug to 2nd Sept** : Revision of Ch 1,3,4,2,6

**5th to 10th Sept** : Revision of Ch 8,10, 9,15

### **Term 2 : 3rd Oct 2022 to 28th Feb 2023**

**3rd to 7th Oct.** : Ch 5 Acids, Bases & Salts

**Activity** : To test the acidic or basic nature of the given solution by using turmeric solution as an indicator.

**10th to 15th Oct** : Ch 12 Reproduction in Plants

**17th to 20th Oct** : Ch 12 Contd

**Activity** : To use autodraw for various modes of asexual reproduction in plants.

**27th & 28th Oct** : Ch 14 Electric current and its effect

**31st Oct to 4th Nov** : Ch 14 Contd

**Activity** : To show that when an electric current is passed through a wire, It behaves like a magnet

**7th to 12th Nov** : Ch 7 Weather, Climate & Adaptations of Animals to climate

**14th to 18th Nov** : Ch 7 Contd

**Activity** : To conduct a role play on adaptations of polar animals

**21st to 25th Nov** : Ch 16 Water

**Activity** : To make a poster on conservation of water

**28th Nov to 2nd Dec** : Ch 17 Forests Our Lifeline

**5th to 10th Dec** : Ch 17 Contd

**Activity** : To use Google Lens to collect information related to tropical rain forest

**12th to 16th Dec.** : Ch 11 Transportation in Animals & Plants

**19th to 23rd Dec.** : Ch 11 Contd

**Activity** : To show that water is taken up by xylem of the roots and transported to various parts of plant

**26<sup>th</sup> to 30<sup>th</sup> Dec.** : Ch 18 Waste Water Story

**16<sup>th</sup> to 21<sup>st</sup> Jan'23** : Ch 18 Contd

**Activity** : To study about water borne diseases and their pathogens

**23<sup>rd</sup> to 27<sup>th</sup> Jan.** : Ch-13 Motion and Time

**30<sup>th</sup> to 3<sup>rd</sup> Feb** : Ch 13 Contd

**Activity** : To determine the time period of a simple pendulum

**6<sup>th</sup> to 10<sup>th</sup> Feb** : Revision of Ch 2,4,6,13

**13<sup>th</sup> to 17<sup>th</sup> Feb** : Revision of Ch 5, 12 , 14

**20<sup>th</sup> to 25<sup>th</sup> Feb** : Revision of Ch 7, 16,17

**27<sup>th</sup> & 28<sup>th</sup> Feb** : Revision of Ch 11, 18

#### **Periodic test 1:**

**Ch 1 : Nutrition in Plants**

**Ch 4 : Heat ( up to page 40)**

#### **Periodic Test 2**

**Ch 2: Nutrition in Animals**

**Ch 6: Physical and Chemical Changes**

#### **Periodic Test 3:**

**Ch 5 : Acids, Base & Salts**

**Ch 12: Reproduction in Plants**

#### **Periodic Test 4:**

**Ch 14: Electric current and its effect**

**Ch 7 : Weather, Climate And Adaptations of animals to climate**

## Pattern for Half Yearly and Final Examination

Type of Ques.	MCQ	FI B	VSAQ	SAI (2M)	SAII (3M)	LA (5M)	Marks
No. of Ques.	10	5	5	9	9	3	80
Marks	10	05	05	18	27	15	

## Lessonwise Weightage for Half Yearly Exams

L. No.	1	2	4	6	8	9	10	15	3	TOTAL
Marks	08	08	10	08	10	07	12	12	05	80

## Lessonwise Weightage for Final Examination

L. No.	16	5	7	11	12	13	14	17	18	2	6	4	TOTAL
Marks	06	08	08	07	07	08	07	07	07	04	04	07	80

## Pattern of PT-I, II, III and IV

Time : 30-35 Minutes

M.M. : 20

No. of Questions	3	4	3	Total
Marks	01	02	03	20

\*

## **SYLLABUS 2022-23**

### **Social Science Class VII**

**Term 1: 4<sup>th</sup> April to 10<sup>th</sup> September 2022**

#### **4<sup>th</sup> and 8<sup>th</sup> April**

History: L-1 Tracing Changes Through a Thousand Years

#### **11<sup>th</sup> to 15<sup>th</sup> April**

History: L-1 Contd.

Geography: L-1 Environment

Civics : L-1 On Equality

#### **18<sup>th</sup> to 23<sup>rd</sup> April**

History : L-1 Contd.

Geography : L-1 Contd.

Civics : L-1 Contd.

AI Activity : PPT showing Domains of the Environment.

#### **25<sup>th</sup> to 29<sup>th</sup> April**

History: L-2 New Kings and Kingdoms

Geography: L-2 Inside Our Earth

Civics: L-1 Contd.

Art Integrated Activity : Make a model of 'Layers of Earth' with clay

Map : Pg.16 Major Kingdoms Seventh-Twelfth centuries.

#### **3<sup>rd</sup> to 7<sup>th</sup> May**

History : L-2 Contd.

Geography : L-2 Contd.

Civics : L-2 Role of the Government in Health

#### **9<sup>th</sup> to 13<sup>th</sup> May**

Civics: L-2 Contd.

Geography: L-4 Air

#### **16<sup>th</sup> to 20<sup>th</sup> May**

Geography: L-4 Contd.

Civics: L-2 Contd.

**4<sup>th</sup> to 8<sup>th</sup> July**

Civics : L-2 Contd. Geography

L-4 : Contd.

History : L-3 The Delhi Sultans.

Art Integrated Activity : Collage of Mughal Emperors

**11<sup>th</sup> to 15<sup>th</sup> July**

Geography : L-4 Contd.

History : L-3 Contd.

**18<sup>th</sup> to 23<sup>rd</sup> July**

History : L-3 Contd.

Civics : L-3 How the State Government Works

AI Activity : Make a power point presentation on State  
Legislative Election process.

**25<sup>th</sup> to 29<sup>th</sup> July**

History : L-3 Contd.

Map : Pg.35 Alauddin Khilji's Campaign in South India

Civics : L-3 Contd.

**1<sup>st</sup> to 6<sup>th</sup> August**

Civics : L-3 Contd.

History : L-3 Contd.

**8<sup>th</sup> to 12<sup>th</sup> August**

Geography : L-7 Human Environment-settlement, Transport  
and Communication

Civics : L-3 Contd.

AI Activity : Virtual visit to the Red Fort and Qutub Minar.

**16<sup>th</sup> to 18<sup>th</sup> August**

Civics : L-3 Contd.

Geography : L-7 Contd.

Map : Pg-53 Major seas and Airports

**22<sup>nd</sup> to 26<sup>th</sup> August**

Civics : L-3 Contd

Geography : L-7 Contd

## **Revision**

### **29<sup>th</sup> August to 2<sup>nd</sup> September**

Geography : L-2, 7  
Civics : L-1, 2, 3  
History : L-3

### **5<sup>th</sup> to 10<sup>th</sup> September**

History : 1, 2  
Map : Pg.16 Major Kingdoms Seventh-Twelfth Centuries  
Pg.35 Alauddin Khilji's Campaign in South India  
Geography : 1, 4  
Map : Pg.53 Major Sea and Airports  
Diagram : Interior of the Earth and Rock cycle

## **Term 2: 03<sup>rd</sup> October 2022 to 28<sup>th</sup> February 2023**

### **03<sup>rd</sup> to 7<sup>th</sup> October**

Geography : L-3 Our Changing Earth  
Civics : L-5 Women Change the World

### **10<sup>th</sup> to 15<sup>th</sup> October**

Geography : L-3 Contd.  
Civics : L-5 Contd.  
Art Integrated Activity : Talk on Global Warming.

### **17<sup>th</sup> to 20<sup>th</sup> October**

Civics : L-5 Contd.  
History : L-4 The Mughal Empire

### **27<sup>th</sup> and 28<sup>th</sup> October**

History : L-4 Contd.  
Civics : L-5 Contd.

### **31<sup>st</sup> October to 4<sup>th</sup> November**

History : L-4 Contd.  
Map : Pg.50 Military Campaign under Akbar and Aurangzeb

### **7<sup>th</sup> to 12<sup>th</sup> November**

History : L-5 Rulers and Buildings  
Geography : L-5 Water

### **14<sup>th</sup> to 18<sup>th</sup> November**

History : L-5 Contd.

Geography : L-5 Contd.

Art Integrated Activity : Discussion on the measures to be taken to save water

### **21<sup>st</sup> to 25<sup>th</sup> November**

History : L-5 Contd.

Geography : L-5 Contd.

### **28<sup>th</sup> November to 2<sup>nd</sup> December**

History : L-5 Contd.

Geography : L-5 Contd.

Map : Pg-31 World-Major seas, Lakes and Rivers

### **5<sup>th</sup> to 10<sup>th</sup> December**

Geography : L-5 Contd.

Civics : L-6 Understanding Media

### **12<sup>th</sup> to 16<sup>th</sup> December**

Civics : L-6Contd.

History : L-8 Devotional Paths to the Divine

### **19<sup>th</sup> to 23<sup>rd</sup> December**

History : L-8 Contd.

Geography : L-6 Natural vegetation and wildlife

Civics : L-6 Contd.

### **26<sup>th</sup> to 30<sup>th</sup> December**

History : L-8Contd.

Geography : L-6 Contd.

Art Integrated Activity : Make a collage with pictures of various gods and goddesses worshipped by the people.

### **16<sup>th</sup> to 21<sup>st</sup> January'23**

History : L-10 Eighteenth Century-Political Formations

Geography : L-6 Contd

### **23<sup>rd</sup> to 27<sup>th</sup> January**

History : L-10 Contd.

Map : State Formation in the Eighteenth Century

AI Activity : Make a PPT showing the role of various markets around us.

### **30<sup>th</sup> January to 3<sup>rd</sup> February**

Civics : L-7 Markets Around Us

### **Revision**

#### **06<sup>th</sup> to 10<sup>th</sup> February**

Geography : L-1, 3

Civics: L-1, 7

#### **13<sup>th</sup> to 17<sup>th</sup> February**

History : L-8

Map : Pg.50 Military campaign under Akbar and Aurangzeb

Geography : L-5

#### **20<sup>th</sup> to 25<sup>th</sup> February**

Map : Pg.31 World-Major Seas, Lakes and Rivers

History : L-5, 10

Map : Pg.138 State Formation in the Eighteenth century.

#### **27<sup>th</sup> & 28<sup>th</sup> February**

Geography : L-6

History : L-1, 4

## **Syllabus for Periodic Tests**

### **Periodic Test 1**

History : L-1 Tracing Changes Through A Thousand Years

Geography: L-1 Environment

Civics : L-1 On Equality

**Periodic Test 2**

History : L-2 New Kings and Kingdoms

Geography : L-4 Air

Civics : L-2 Role of the Government in Health

**Periodic Test 3**

History : L-4 The Mughal Empire

Geography : L-3 Our Changing Earth

Civics : L-5 Women Change the World

**Periodic Test 4**

History : L-5 Rulers and Buildings

Geography : L-5 Water

Civics : L-6 Understanding Media

**Pattern of Periodic Test**

Type of Ques.	History (8)			Geography (8)			Civics (4)	Total
No. of Ques.	03	01	01	03	01	01	02	
Marks	01	02	03	01	02	03	02	20

**HISTORY - 32**

Q. No.	09	03	02	Map	TOTAL
Marks	01	03	05	04	32

**GEOGRAPHY - 32**

Q. No.	09	03	02	Map	TOTAL
Marks	01	03	05	04	32

**CIVICS - 16**

L. No.	03	01	02	TOTAL
Marks	01	03	05	16

**Lesson wise Weightage for Half Yearly Examination  
HISTORY - 32**

L. No.	01	02	03	Map	TOTAL
Marks	09	09	10	04	32

**GEOGRAPHY - 32**

L. No.	01	02	04	07	Map	TOTAL
Marks	07	07	07	07	04	32

**CIVICS - 16**

L. No.	01	02	03	TOTAL
Marks	05	05	06	16

**Lesson wise Weightage for Final Examination  
HISTORY - 32**

L. No.	01	04	05	08	10	Map	TOTAL
Marks	04	06	06	06	06	04	32

**GEOGRAPHY - 32**

L. No.	01	03	05	06	Map	TOTAL
Marks	05	08	08	07	04	32

**CIVICS - 16**

L. No.	01	05	06	07	TOTAL
Marks	03	05	04	04	16

# SYLLABUS - 2022 – 2023

## General Knowledge

### Class VII

#### **Term 1: 4<sup>th</sup> April to 10<sup>th</sup> September 2022**

4 <sup>th</sup> to 8 <sup>th</sup> April	: Task 1, 2, 3
11 <sup>th</sup> to 15 <sup>th</sup> April	: Task 4, 5, 6, 7
18 <sup>th</sup> to 23 <sup>rd</sup> April	: Mental Ability
25 <sup>th</sup> to 29 <sup>th</sup> April	: Task 8, 9, 10, 11
3 <sup>rd</sup> to 7 <sup>th</sup> May	: Mental Ability
9 <sup>th</sup> to 13 <sup>th</sup> May	: Task 12, 13, 14, 15, 16
16 <sup>th</sup> to 20 <sup>th</sup> May	: Important News
4 <sup>th</sup> to 8 <sup>th</sup> July	: Revision of Tasks
11 <sup>th</sup> to 15 <sup>th</sup> July	: Revision of Mental Ability and Important News
18 <sup>th</sup> to 23 <sup>rd</sup> July	: Virtual Tour (Seven sister states of India)
25 <sup>th</sup> to 29 <sup>th</sup> July	: Task 17, 18, 19, 20
1 <sup>st</sup> to 6 <sup>th</sup> Aug	: Task 21, 22, 23, 24, Mental Ability
8 <sup>th</sup> to 12 <sup>th</sup> Aug	: Task 25, 26, 27, 28 Important News
16 <sup>th</sup> to 18 <sup>th</sup> Aug	: Task 29, 30, 31, 32
22 <sup>nd</sup> to 26 <sup>th</sup> Aug	: Revision of Tasks, Mental Ability
29 <sup>th</sup> Aug to 2 <sup>nd</sup> Sep	: Revision of Important News
5 <sup>th</sup> to 10 <sup>th</sup> Sep	: Make a PPT on 'National Park and Sanctuaries'

#### **Term 2: 3<sup>rd</sup> Oct 2022 to 28<sup>th</sup> Feb 2023**

3 <sup>rd</sup> to 7 <sup>th</sup> Oct	: Task 33, 34, 35, 36
10 <sup>th</sup> to 15 <sup>th</sup> Oct	: Task 37, 38, 39, 40
17 <sup>th</sup> to 20 <sup>th</sup> Oct	: Mental Ability
27 <sup>th</sup> and 28 <sup>th</sup> Oct	: Task 41, 42, 43
31 <sup>st</sup> Oct to 4 <sup>th</sup> Nov	: Important News
7 <sup>th</sup> to 12 <sup>th</sup> Nov	: Task 44, 45, Mental Ability
14 <sup>th</sup> to 18 <sup>th</sup> Nov	: Task 46, 47, 48
21 <sup>st</sup> to 25 <sup>th</sup> Nov	: Virtual Tour 'The Mighty Mughals'
28 <sup>th</sup> Nov to 2 <sup>nd</sup> Dec	: Revision Tasks
5 <sup>th</sup> to 10 <sup>th</sup> Dec	: Revision Mental Ability and Important News
12 <sup>th</sup> to 16 <sup>th</sup> Dec	: Task 49, 50, 51, 52
19 <sup>th</sup> to 23 <sup>rd</sup> Dec	: Task 53, 54, 55, 56
26 <sup>th</sup> to 30 <sup>th</sup> Dec	: Task 57, 58, 59, 60, 61 and Mental Ability
16 <sup>th</sup> to 21 <sup>st</sup> Jan 2023	: Important News
23 <sup>rd</sup> to 27 <sup>th</sup> Jan	: Task 62, 63, 64, 65
30 <sup>th</sup> Jan to 3 <sup>rd</sup> Feb	: Revision of Tasks and Mental Ability
6 <sup>th</sup> to 10 <sup>th</sup> Feb	: Revision Important News
13 <sup>th</sup> to 17 <sup>th</sup> Feb	: Poster Making on 'Yoga Showing Different Asanas'
20 <sup>th</sup> to 25 <sup>th</sup> Feb	: Discussion on 'Famous Environmentalists'
27 <sup>th</sup> and 28 <sup>th</sup> Feb	: Virtual Tour on 'Cultural Heritage'

## **Syllabus for GK Periodic Tests**

PT-1	PT-2	PT-3	PT-4
Tasks	Tasks	Tasks	Tasks
1 to 16	17 to 32	33 to 48	49 to 65

## **Pattern of Examination**

Tasks	Mental Ability	Important News	Total
10 Marks	5 Marks	5 Marks	20 Marks

# संस्कृत

सत्र एक : 4 अप्रैल से 10 सितम्बर 2022

4 से 8 अप्रैल

: पाठ 1 सुभाषितानि  
संख्या 1 से 25 (पृष्ठ 47), समय

11 से 15 अप्रैल

: पाठ 1 सुभाषितानि

खाद्यान्नपदार्थ (पृ० 134)

गातिविधि - पाठ से 5 पुल्लिङ्ग, 5 स्त्रीलिङ्ग  
स्व 5 नपुंसकलिङ्ग शब्दों का चयन

18 से 23 अप्रैल

: पाठ 2 दुर्बुद्धिः विनश्यति  
अकारान्त पुल्लिङ्ग शब्दरूप  
(देव के समान) पृ० 17

25 से 29 अप्रैल

: पाठ 2 दुर्बुद्धिः विनश्यति  
धातुरूप - भू (पृ० 71) स्था (पृ० 76-77)  
लट्, लृट्, लङ् स्व लोट् लकार

3 से 7 मई

: पाठ 3 स्वावलम्बनम्

अनवाद - कर्ता कारक (लट् लकार में)

गातिविधि - "अष्टौ कर्मकराः" इनका पैसिला से  
चित्र बनाकर संस्कृत में नाम लिखना

9 से 13 मई

: पाठ 3 स्वावलम्बनम्  
अशुद्धि - संशोधन

धातुरूप - नम् (पृ० १५-१६), दृश् (पृ० १६)  
लट्, लृट्, लङ् एवं लोट् लकार

16 से 20 मई

: पाठ 4 हास्यबालकविसम्मेलनम्  
अशुद्धि - संशोधन  
गतिविधि - 5 हास्य कवियों के चित्रचिपकाकर  
उनके नाम लिखना

4 से 8 जुलाई

: पाठ 4 हास्यबालकविसम्मेलनम्  
अनुवाद - कर्म कारक (लृट् लकार में)  
शब्दरूप - तद् - स्त्री लिङ्गा (पृ० ५०-५१)

11 से 15 जुलाई

: पाठ 5 पाण्डिता रमाबाई  
व्यवसाय एवं सम्बन्धवाचकशब्द (पृ० 134)

18 से 23 जुलाई

: पाठ 5 पाण्डिता रमाबाई  
अव्ययशब्द - 1 से 16 (पृ० 64)  
गतिविधि - पाठ से अव्ययशब्द चुनना एवं  
उनके अर्थ लिखना

25 से 29 जुलाई

: पाठ 6 सदाचारः  
शब्दरूप - मुनि (पृ० 17), साधु (पृ० 18)

1 से 6 अगस्त

: पाठ 6 सदाचारः  
अव्ययशब्द - 17 से 32 (पृ० 64)  
गतिविधि - संस्कृत में 5 सूक्तियाँ लिखना

8 से 12 अगस्त : पाठ 8 त्रिवर्णः ध्वजः  
संख्या - 26 से 50 (पृ० 47)  
गतिविधि - ध्वज - निर्माण

16 से 18 अगस्त : पाठ 8 त्रिवर्णः ध्वजः  
अनुवाद - करण कारक ( लङ् लकार में )  
अपठित - अनुच्छेद , पद - परिचय

22 से 26 अगस्त : पाठ 8 त्रिवर्णः ध्वजः  
सम्प्रदान कारक के अनुवाद

## पुनरावृत्ति (29 अगस्त से 10 सितम्बर)

29 अगस्त से 2 सितम्बर : पाठ 3 और 6  
समय , संख्या , अव्ययशब्द  
धातुरूप

5 से 10 सितम्बर : पाठ 8  
शब्दरूप , शब्दकोष , पदपरिचय

सत्र दो : 3 अक्टूबर 2022 से 28 फरवरी 2023

3 से 7 अक्टूबर : पाठ 7 सङ्कल्पः सिद्धिदायकः  
संख्या 51 से 75 (पृ० 47-48)

10 से 15 अक्टूबर : पाठ 7 सङ्कल्पः सिद्धिदायकः

अष्टाद्वि - संशोधन  
गातिविधि - मन्त्रोच्चारण

17 से 20 अक्टूबर : पाठ 9 अहमपि विद्यालयं गमिष्यामि  
अव्ययशब्द उउसै 47 (पृ० 65)

27 एवं 28 अक्टूबर : पाठ 9 अहमपि विद्यालयं गमिष्यामि  
शरीर के अंगों के नाम (पृ० 135)  
गातिविधि - नारी - शिक्षा एवं बाल श्रम पर  
एक - एक नारा (स्लोगान) लिखना

31 अक्टूबर से 4 नवम्बर : पाठ 10 विश्वबन्धुत्वम्  
शब्दरूप - किम् (स्त्री०) पृ० 41-42  
मित्र (पृ० 25-26)

7 से 12 नवम्बर : पाठ 10 विश्वबन्धुत्वम्  
धातुरूप - त्यज् (पृष्ठ 73-74),  
गम् (पृ० 75), दा (पृ० 78)  
लट्, लृट्, लङ् एवं लोट् लकार

14 से 18 नवम्बर : पाठ 11 समवायौ हि दुर्जयः  
अपादान कारक के अनुवाद  
फलों के नाम (पृ० 135)

21 से 25 नवम्बर : पाठ 11 समवायौ हि दुर्जयः  
संख्या 76 से 100 (पृ० 48)

गतिविधि - संगठन के महत्त्व पर परिचर्चा

28 नवम्बर से 2 दिसम्बर : पाठ 12 विद्याधनम्  
अन्यशब्द - 48 से 61 (पृ० 65)  
सम्बन्ध कारक के अनुवाद

5 से 10 दिसम्बर : पाठ 12 विद्याधनम्  
शब्दरूप - मति (पृ० 21-22)  
नदी (पृ० 22)  
गतिविधि - विद्या की देवी सरस्वती पर  
पाँच वाक्य लिखना

12 से 16 दिसम्बर : पाठ 13 अमृतं संस्कृतम्  
धातुरूप - अस (पृ० 80)  
लट् स्वं लृट् लकार

19 से 23 दिसम्बर : पाठ 13 अमृतं संस्कृतम्  
अधिकरण कारक के अनुवाद  
गतिविधि - संस्कृत के पाँच प्रसिद्ध कवि  
स्वं उनके ग्रन्थों के नाम लिखना

26 से 30 दिसम्बर : पाठ 14 अनारिकायाः जिज्ञासा  
पद - परिचय

16 से 21 जनवरी 2023 : पाठ 14 अनारिकायाः जिज्ञासा  
अपठित - अनुच्छेद

२३ से २७ जनवरी : पाठ १५ लालनगीतम्  
गतिविधि - संस्कृतगीत का सस्वर गायन

३० जनवरी से ३ फरवरी : पाठ १५ लालनगीतम्  
पदपरिचय

पुनरावृत्ति ( ६ से २८ फरवरी )

६ से १० फरवरी : पाठ ३, ६, ८  
खाद्यान्न पदार्थ, समय

१३ से १७ फरवरी : पाठ १० एवं १३  
संख्या, अव्ययशब्द, फलों के नाम

२० से २५ फरवरी : पाठ १४ एवं १५  
शब्दरूप, धातुरूप

२७ और २८ फरवरी : पाठ ११ और १२  
शरीर के अंगों के नाम

Periodic Test पाठ्यक्रम

Periodic Test-1

रुचिरा : पाठ १, २

व्याकरण : संख्या १ से २५, समय, खाद्यान्न पदार्थ, अकारान्त पुल्लिङ्ग  
शब्दरूप, धातुरूप-भू, स्था (लट्, लृट्, लङ् एवं लोट् लकार)

Periodic Test-2

रुचिरा : पाठ ४, ५

व्याकरण : व्यवसाय और सम्बन्धवाचक शब्द, अव्यय शब्द १-१६  
शब्द रूप - तद् (स्त्रीलिङ्ग), कर्म कारक के अनुवाद  
धातुरूप - नम्, दृश् (लट्, लृट्, लङ् एवं लोट् लकार)

Periodic Test-3

रुचिरा : पाठ 8, 9

व्याकरण : संख्या 51 से 75, अशुद्धि संशोधन, अव्यय शब्द-33 से 47  
शरीर के अंगों के नाम, मित्र (पृ. 25) किम् (स्त्री.)

Periodic Test-4

रुचिरा : पाठ 10, 11

व्याकरण : संख्या 76 से 100, अपादान कारक के अनुवाद,  
अव्यय शब्द 48-61

शब्दरूप - मति, नदी, फलों के नाम

रुचिरा : अर्द्धवार्षिक परीक्षा के लिए पाठ्यक्रम  
: पाठ 1 से 6 एवं 8  
अपठित अनुच्छेद

व्याकरण : अनुवाद - कर्ता, कर्म, करण एवं सम्प्रदान कारक  
शब्दरूप - अकारान्त पुल्लिङ्ग (दिव की तरह)  
मुनि, सापु, तद् (स्त्रीलिङ्ग)  
धातुरूप - भू, स्था, गम्, दृश् (लट्, लृट्, लङ् एवं लोट् लकार)  
संख्या - 1 से 50, समय, पद-परिचय, अशुद्धि-संशोधन, अव्यय-  
शब्द 1-32  
शब्दकोश - खाद्यान्न पदार्थ, व्यवसाय और सम्बन्धवाचक शब्द

रुचिरा : वार्षिक परीक्षा के लिए पाठ्यक्रम  
: पाठ 3 एवं 6 से 15  
व्याकरण : अपठित अनुच्छेद  
अनुवाद - अपादान, सम्बन्ध, अधिकरण कारक  
शब्दरूप - मित्र, किम् (स्त्रीलिङ्ग), मति, नदी  
धातुरूप - त्यज्, गम् (लट्, लृट्, लङ् एवं लोट् लकार)  
अत् (लट्, लृट्, एवं लङ् लकार)  
संख्या - 51 से 100, समय, पद-परिचय, अशुद्धि-संशोधन,  
अव्यय शब्द-33-61  
शब्दकोश - खाद्यान्न पदार्थ, फलों के नाम, शरीर के अंगों के नाम

समय : 30 मिनट

## PT का अंक विभाजन

पूर्णांक : 20

संस्कृत	खण्ड 'क' व्याकरण	खण्ड 'ख' पाठ्य पुस्तक	कुल अंक
अंक	10	10	20

## अर्द्धवार्षिकी एवं वार्षिकी का अंक-विभाजन

समय : 2 घंटे

पूर्णांक : 80

वर्ष	खण्ड-क	खण्ड-ख	खण्ड-ग								खण्ड-घ						
	विभाजन/ अर्द्धिकी अवधि	राज्यस्तरीय परीक्षा	परीक्षा-अवधि														
	पाठ्य पुस्तक	अनुवाद	शब्द रूप	शब्द रूप	संज्ञक	शब्द कोश	वचन	संज्ञक- शब्दकोश	अर्थ शब्द	पठ-वीथी	पठित अनुवाद/ श्लोक	वचन- निर्णय	संज्ञक	शब्द कोश	पाठ्य के अनुसार	संज्ञक के विशेष	कुल
प्रश्न नं.	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	कुल
अंक	5	5	5	5	5	5	4	4	4	3	15	4	4	4	4	4	80

## SYLLABUS-2022-23 (CLASS - VII) FRENCH

Term 1: 4<sup>th</sup> April to 10<sup>th</sup> September 2022

4<sup>th</sup> to 8<sup>th</sup> April Lesson-1

11<sup>th</sup> to 15<sup>th</sup> April Lesson-1

18<sup>th</sup> to 23<sup>rd</sup> April Lesson-1

25<sup>th</sup> to 29<sup>th</sup> April Lesson-2

- Activity : To make a Power Point Presentation of 5 slides introducing any five professionals.

3<sup>rd</sup> to 7<sup>th</sup> May Lesson-2

9<sup>th</sup> to 13<sup>th</sup> May Lesson-3

16<sup>th</sup> to 20<sup>th</sup> May Lesson-3

- Activity: To make a short video of any healthy recipe that you can prepare yourself.

4<sup>th</sup> to 8<sup>th</sup> July Lesson-3

11<sup>th</sup> to 15<sup>th</sup> July Lesson-3

18<sup>th</sup> to 23<sup>rd</sup> July Lesson-4

25<sup>th</sup> to 29<sup>th</sup> July Lesson-4

- Activity: To make a ppt of five slides with the pics of your favourite activity.

1<sup>st</sup> to 6<sup>th</sup> Aug. Lesson-4

8<sup>th</sup> to 12<sup>th</sup> Aug. Lesson-5

16<sup>th</sup> to 18<sup>th</sup> Aug. Lesson-5

22<sup>nd</sup> to 26<sup>th</sup> Aug. Lesson-5

REVISION: 29<sup>th</sup> August to 10<sup>th</sup> September 2022

29<sup>th</sup> Aug. to 2<sup>nd</sup> Sep. Comprehension

5<sup>th</sup> to 10<sup>th</sup> Sep. Civilization

## Term 2: 3<sup>rd</sup> Oct. 2022 to 28<sup>th</sup> Feb.2023

3<sup>rd</sup> to 7<sup>th</sup> Oct. Lesson-6

10<sup>th</sup> to 15<sup>th</sup> Oct. Lesson-6

17<sup>th</sup> to 20<sup>th</sup> Oct. Lesson-6

27<sup>th</sup> and 28<sup>th</sup> Oct. Lesson-7

- Activity: To make a collage with the pictures of different things related to winter season.

31<sup>st</sup> Oct. to 4<sup>th</sup> Nov. Lesson-7

7<sup>th</sup> to 12<sup>th</sup> Nov. Lesson -7

14<sup>th</sup> to 18<sup>th</sup> Nov. Lesson -8

21<sup>st</sup> Nov. to 25<sup>th</sup> Nov. Lesson -8

28<sup>th</sup> Nov. to 2<sup>nd</sup> Dec. Lesson 8

- Activity : To make a ppt of five slides presenting your favourite artist and his/her shows.

5<sup>th</sup> to 10<sup>th</sup> Dec. Lesson-9

12<sup>th</sup> to 16<sup>th</sup> Dec. Lesson-9

19<sup>th</sup> to 23<sup>rd</sup> Dec. Lesson-9

26<sup>th</sup> to 30<sup>th</sup> Dec. Lesson-10

- Activity : To make a ppt of five slides with the pics of your New Year Celebration.

16<sup>th</sup> to 21<sup>st</sup> Jan. 2023 Lesson-10

23<sup>rd</sup> to 27<sup>th</sup> Jan. Lesson-10

30<sup>th</sup> Jan. to 3<sup>rd</sup> Feb. Civilization

## REVISION: 6<sup>th</sup> to 28<sup>th</sup> Feb.2023

6<sup>th</sup> to 10<sup>th</sup> Feb Writing Section

13<sup>th</sup> to 17<sup>th</sup> Feb. Lesson-10

20<sup>th</sup> to 25<sup>th</sup> Feb. Civilization

27<sup>th</sup> and 28<sup>th</sup> Feb.

Comprehension

### SYLLABUS FOR PERIODIC TESTS

Periodic Test - 1 : Lesson-1, 2

Periodic Test -2 : Lesson-3, 4

Periodic Test - 3 : Lesson-6, 7

Periodic Test - 4 : Lesson-8, 9

### SYLLABUS FOR HALF-YEARLY

Lessons: 1 to 5

### SYLLABUS FOR FIINAL EXAMS

Lessons: 5 to 10

### Pattern for Periodic Test

section	writing section	Word Meaning	Grammar
marks	5	5	10

### Pattern for Half Yearly and Final Examination

s

Section	Comprehension	Writing	Grammar	literature	Total
Marks	10	15	35	20	80

## CLASS VII COMPUTER EDUCATION

**April : Ch-1 Number System  
Back Exercise and Q Ans**

**AI Activity : Benefits of AI in education and how AI is transforming education system.**

**Art Integrated Activity : Conversion of Decimal numbers to Binary numbers and vice versa.**

**May : Ch-2 Windows 7.  
Back Exercise and Q Ans**

**Art Integrated Activity: Make a presentation on the topic: “ CONTROL PANEL and its uses.” Apply formatting effects to make it attractive.**

**July : Ch – 3 Formulas and Functions  
Back Exercise and Q Ans**

**AI Activity: Create a marksheet of five students of your class using Google sheet / Excel .**

**Art Integrated Activity : Create a worksheet in which you would maintain ‘ Monthly Expenses on Stationery’. Find the Total using the formula.**

**August: Ch- 4 Using Excel as Database  
Back Exercise and Q Ans**

**AI Activity: Group Discussion on ‘ How is AI used in communication’.**

**Art Integrated Activity : (i) Create a calendar in Excel.  
(ii) Implement Sorting and Filtering in Excel sheet.**

**September : Revision of Ch 1 ,2 ,3 & 4**

**October: Ch-5 Advance Features of Excel  
Back Exercise and Q Ans**

**AI Activity: Make a presentation on Effects of Global Warming and how AI can help fight climatic change.**

**Art Integrated Activity : Create a worksheet using formatting features and formulas of Microsoft Excel . Create and insert Chart in Excel Worksheet and use various built-in functions.**

**November : Ch - 8 Graphics in QBASIC  
Back Exercise and Q Ans**

**AI Activity:** Video will be shown on how AI can be used to save water for our future .

**Art Integrated Activity :** Write programs in QBASIC to:

1. To find first 10 multiples of 6.
2. To draw a square.
3. Draw various figures using QBASIC commands.

**Ch -9 Looping Statements  
Back Exercise and Q Ans**

**Art Integrated Activity :** Write programs in QBASIC to:

1. To print the sum of first 30 even numbers.
2. To print the report cards of 10 students of your class.

**December : Ch -10 Surfing Net and E-Mail  
Back Exercise and Q Ans**

**AI Activity:** Create a powerpoint presentation on the topic : 'Conservation of Wildlife' using Google slides tool.

**Art Integrated Activity :** Create a Powerpoint presentation on five I.T. personalities , who have contributed in the field of computers.

**January : Ch-11 The Virus  
Back Exercise and Q Ans**

**Art Integrated Activity :** Create a Powerpoint presentation on different types of Virus and their harmful effects. Also explain the role of antivirus software.

**February: Revision of Ch- 5,8,9,10,11  
Revision of Ch- 1,3,4**

**\* 5 CA's will be conducted in a year.**

**Sports**  
**Syllabus of Class VII (2022-23)**

**April :-** 200 Mt. Race .

**May:-** Standing Broad Jump .

**July & August :-** Theory of Basketball Game

**History:-** Dr. James Naismith invented the basketball . He was Canadian by birth . In the beginning basketball was played with a soccer ball. The first ball for this game was brown but since the late 1950 the orange balls have been in use. The International Basketball Association was constituted in 1932. Basketball became as Olympic sports in Berlin (1936). Basketball was included in Asian Games in 1951.

**Measurements :-**

Number of court players in a team	:	5
Number of substitutes in a team	:	7
Size of Basketball Court	:	28 m X 15 m
Height of lower edge of board from the floor	:	2.90 m
Radius of the centre circle	:	1.80 m
Breadth of boundary lines	:	5 cm
Thickness of the backboard	:	3 cm
Weight of ball	:	600 gm to 650 gm
Circumference of the ball	:	75 to 78 cm
Duration of basketball game	:	10-2-10-10-10-2-10 (four durations of 10 minutes each)
Officials	:	5 Officials (1 Referee, 1 Umpire, 1 Scorer, 1 Timekeeper, 1 - 24 second operator )

**Fundamental Skills:-**

1. Gripping of ball
- 2.. Shooting
3. Passing
4. Rebounding
5. Pivoting
6. Free throw
7. Dribbling

**Important Tournaments:-**

1. European Cup
2. America Cup
3. Asian Games
4. B. C. Gupta Trophy
5. Olympic Games
6. Commonwealth Games
7. Federation Cup

**September :-** **Activity :** Make a Chart of Fundamental Skills of Basketball (Practical & Viva) and Paste the pictures of the Basketball Court and sports personalities.  
Paper Pen Test , File & Viva .

**October :-** Basketball Throw ( Front )

**November :-** Flying Race (30 mt.) .

**December :-** Theory of Table Tennis Game

**History:-** Table Tennis took its current form of play in the year 1900, when its rules were written and celluloid ball was used . The sound of ball inspired the name “Ping Pong” and later it became as table tennis. The International Table Tennis Federation was formed in Berlin in 1926. Table Tennis became an Olympic sport in Seoul (1988). The New rules were introduced in 2001 to increase the pace of game. Table tennis Federation of India was formed in 1937 in Calcutta.

**Measurements :-**

Size of Table	:	2.74 m (9 Feet) X 1.52 m (5 feet) Plane surface
Height of Table	:	2 feet 6 inches
Size of net	:	1.83 m length
Height of net from the surface of table	:	15.2 cm
Weight of ball	:	2.5 gm
Colour of the ball	:	White or Orange ( Made with Celluloid )
Colour of T.T. Table	:	Blue or Green
Officials	:	3 Officials (1 Match Umpire, 1 Assistant Umpire, 1 Tournament Referee)

**Fundamental Skills:-**

1. Grip :  
(a) Western grip or shake hand grip      (b) Pen hold grip
2. Service
3. Strokes

**Important Tournaments:-**

1. National Table Tennis Championship
2. Challenge Cup
3. Asian Games
4. World Table Tennis Championship
5. Olympic Games
6. Commonwealth Games

**Sports Personalities:-**

1. C. Vohra (1961)
2. Chetan P. Baboor (1997)
3. InduPuri (1980)
4. ShailjaSalokhe( 1976)
5. NiyatiShah (1989)

**January :-** Make a Chart of Fundamental Skills of Table Tennis (Practical & Viva)

**February :-** **Activity :** Paste the pictures of the T. T. Table , Net and sports personalities.  
Paper Pen Test, File & Viva

**ART**  
**CLASS VII**  
**TERM 1 : 4<sup>TH</sup> APRIL TO 10<sup>TH</sup> SEPTEMBER'22**

04 <sup>th</sup> TO 08 <sup>th</sup> APRIL	PRINCIPAL OF DESIGN	
11 <sup>th</sup> TO 15 <sup>th</sup> APRIL	INTRODUCTION OF COLOUR	
18 <sup>th</sup> TO 23 <sup>rd</sup> APRIL	CONTD.	
25 <sup>th</sup> TO 29 <sup>th</sup> APRIL	POSTER ON COVID 19	
03 <sup>rd</sup> TO 07 <sup>th</sup> MAY	ALPHABETS	
09 <sup>th</sup> TO 13 <sup>th</sup> MAY	STILL LIFE (PENCIL SHADING)	<b>PG 10</b>
16 <sup>th</sup> TO 20 <sup>th</sup> MAY	CONTD.	
04 <sup>th</sup> TO 08 <sup>th</sup> JULY	VEGETABLE COMPOSITION	<b>PG 12</b>
11 <sup>th</sup> TO 15 <sup>th</sup> JULY	CONTD.	
18 <sup>th</sup> TO 23 <sup>rd</sup> JULY	VEG. MALAI SANDWICH	
25 <sup>th</sup> TO 29 <sup>th</sup> JULY	NATURE STUDY	<b>PG 14-16</b>
01 <sup>st</sup> TO 06 <sup>th</sup> AUG	CONTD.	
08 <sup>th</sup> TO 12 <sup>th</sup> AUG	MARKET SCENE	<b>PG 31</b>
16 <sup>th</sup> TO 18 <sup>th</sup> AUG	CONTD.	
22 <sup>nd</sup> TO 26 <sup>th</sup> AUG	STENCIL PAINTING (NATIONAL FLAG )	<b>PG 63</b>
29 <sup>th</sup> AUG TO 02 <sup>nd</sup> SEP	ANIMAL STUDY	<b>PG 23-24</b>
05 <sup>th</sup> TO 10 <sup>th</sup> SEP	CONTD.	

**TERM 2 : 3<sup>RD</sup> OCT'22 TO 28<sup>TH</sup> FEB'23**

03 <sup>rd</sup> TO 07 <sup>th</sup> OCT	BIRD STUDY	<b>PG 18</b>
10 <sup>th</sup> TO 15 <sup>th</sup> OCT	CONTD.	
17 <sup>th</sup> TO 20 <sup>th</sup> OCT	COLLAGE MAKING	<b>PG 83</b>
27 <sup>th</sup> & 28 <sup>th</sup> OCT	ANIMAL COMPOSITION	<b>PG 34</b>
31 <sup>st</sup> OCT TO 04 <sup>th</sup> NOV	CONTD.	
07 <sup>th</sup> TO 12 <sup>th</sup> NOV.	ALPHABETS	
14 <sup>th</sup> TO 18 <sup>th</sup> NOV	CONTD.	
21 <sup>st</sup> TO 25 <sup>th</sup> NOV	LANDSCAPE	<b>PG 29-30</b>
28 <sup>th</sup> NOV TO 02 <sup>nd</sup> DEC	CONTD.	
05 <sup>th</sup> TO 10 <sup>th</sup> DEC	CONTD.	
12 <sup>th</sup> TO 16 <sup>th</sup> DEC	HAND & FEET STUDY	<b>PG 56-57</b>
19 <sup>th</sup> TO 23 <sup>rd</sup> DEC	CONTD.	
26 <sup>th</sup> TO 30 <sup>th</sup> DEC	PORTRAIT	<b>PG 66</b>
16 <sup>th</sup> TO 21 <sup>st</sup> JAN'23	CONTD.	
23 <sup>rd</sup> TO 27 <sup>th</sup> JAN	VEG KATHI ROLL (ACTIVITY)	
30 <sup>th</sup> JAN 03 <sup>rd</sup> FEB	SKETCHES	<b>PG 59-60</b>
06 <sup>th</sup> TO 10 <sup>th</sup> FEB	NEEDLE WORK	
13 <sup>th</sup> TO 17 <sup>th</sup> FEB	FOLK ART	<b>PG 74-75</b>
20 <sup>th</sup> TO 25 <sup>th</sup> FEB	CONTD.	
27 <sup>th</sup> & 28 <sup>th</sup> FEB	CONTD.	

**CRAFT**  
**SESSION 2022-23**

**TERM -1 : 4th April to 10th Sept 2022**

04th to 8th April	Mask Making & Introduction
11th to 15th April	Decoration of Scrap Book.
18th to 23rd April	Long stitch & Back stitch
25th to 29th April	flower making with jute Bag
03rd to 7th May	Contd.
9th to 13th May	Handmade sheet making
16th to 20th May	Pencil Cap
04th to 08 th July	Bird house with paper cutting
11th to 15th July	Contd.
18th to 23rd July	Butterfly with paper cutting
25th to 29th July	Bug with paper cutting
1st to 6th Aug	Keyring Making.
8th to 12th Aug	Best out of waste
16 th to 18th Aug	Vegitable Sandwich (Activity)
22nd to 26th Aug	Flower with paper cutting
29th Aug to 02nd Sept	Envelope designing
05th to 10th Sept	Contd.

**TERM -2 : 3rd October to 28th Feb 2023**

3rd to 7th Oct	Card making
10th to 15th Oct	Candle /Diya Decoration
17th to 20th Oct	Calligraphy
27th & 28th Oct	Tattoo/Nail Art
31st Oct to 4th Nov	Chick family with paper cutting
7th to 12th Nov	Pencil Cap
14th to 18th Nov	Contd.
21st to 25th Nov	Stone Painting
28th Nov to 02nd Dec	Photo frame
05th to 10th Dec	Christmas Cap
12th to 16th Dec	Christmas tree/craft
19th to 23rd Dec	Fun with paper cutting .
26th to 30th Dec	Contd.
16th to 21st Jan'23	Blooming Scene
23rd to 27th Jan	Tie & Dye
30th jan to 3rd Feb	Flower making with fresh wrap
6th to 10th Feb	Wall hanging
13th to 17th Feb	Birthday Card
20th to 25th Feb	Rabbit with paper cutting
27th & 28th Feb	Contd.

(\*continuous Assessment throughout the Year.)

## Music 2022-23

### Vocal / KeyBoard & Percussion

#### Class 7th

#### Term 1 ( 04<sup>th</sup> April to 10<sup>th</sup> Sept.22 )

	Vocal	Key Board	Percussion
4th & 8th April	Alankar	Double Hand Shudh Alankar	Waltz
11th to 15th April	Alankar	Double Hand Shudh Alankar	Waltz
18th to 23rd April	Alankar	Double Hand Komal Alankar	Waltz
25th to 29th April	Alankar	Double Hand Komal Alankar	Revision
3rd to 7th May	Devotional Song	Revision	Disco2
9th to 13th May	Devotional Song	Har Ghadi Badal Rahi Hai	Disco2
16th to 20 <sup>th</sup> May	Folk Song	Har Ghadi Badal Rahi Hai	Disco2
4th to 8th July	Folk Song	Har Ghadi Badal Rahi Hai	Revision
11th to 15th July	Community Song	Revision	Swing
18th to 23rd July	Community Song	Vande-Matram	Swing
25th to 29th July	Regional song	Vande-Matram	Revision
1st to 6th Aug	Regional song	Vande-Matram	Rupak 1
8th to 12th Aug	Patriotic Song	Revision	Rupak 1
16th to 18th Aug.	Patriotic Song	Vandana ke in swaro	Rupak 1
22 <sup>nd</sup> to 26th Aug	Raga Yaman	Vandana ke in swaro	Kahrawa4
29th Aug to 2nd Sep	Raga Yaman	Vandana ke in swaro	Kahrawa4
5th to 10th Sep	Revision	Revision	Revision

#### Term II ( 03rd 22 To 28<sup>th</sup> Feb'23 )

3rd to 7th Oct	Devotional Song	Payo ji maine	Pop 4
10th to 15th Oct	Devotional Song	Payo ji maine	Pop 4
17th to 20th Oct	Community Song	Payo ji maine	Pop 4
27th and 28th Oct	Community Song	National Anthem	Bhajan Taal
31st to 4th Nov	Regional song	National Anthem	Bhajan Taal
7th to 12th Nov	Regional song	National Anthem	Bhajan Taal
14th to 18th Nov	Folk Song	National Anthem	Revision
21st to 25th Nov	Folk Song	Right hand chords	Jhap Taal 1
28th Nov to 2nd Dec	National Song	Right hand chords	Jhap Taal 1
5th to 10th Dec	National Song	We wish you a merry christma	Jhap Taal 2
12th to 16th Dec	National Anthem	We wish you a merry christma	Jhap Taal 2
19th to 23rd Dec	Devotional Song	We wish you a merry christma	Jhap Taal 2
26th to 30th Dec.	Devotional Song	We wish you a merry christma	Kahrawa 5
16th to 21st Jan 23	Patriotic Song	Revision	Kahrawa 5
23rd to 27th Jan	Patriotic Song	Left hand chords	Kahrawa 5
30th to 03rd Feb	Devotional Song	Left hand chords	Kahrawa 5

6th to 10th Feb	Devotional Song	Left hand chords	Revision
13th to 17th Feb	Revision	Revision	Revision
20th to 25th Feb	Revision	Revision	Revision
27th and 28th Feb	Revision	Revision	Revision

**Music ( 2022-23 )**  
**Vocal & Instrumental**  
**Class 7<sup>th</sup>**

**Class Activity**

	<b>Vocal</b>	<b>Keyboard</b>	<b>Percussion</b>
<b>May</b>	<b>Alankar</b>	<b>Alankar</b>	<b>Waltz</b>
July/ Aug	Devotional Song	Vande-Matram	Disco2
October	Project work in notebook	Project work in notebook	Bhajan Taal
November	Raga Yaman	National Anthem We wish you a merry	Pop 4
December	Community Song	christmas	Jhap Taal 1
Jan/Feb' 22	Regional song	Chords	Kahrawa 5

## Dance 2022-23

### Class 7<sup>th</sup>

#### Term 1 ( 04nd April to 10th Sept'22 )

4th & 8th April	Classical
11th to 15th April	Classical
18th to 23rd April	Classical
25th to 29th April	Classical
3rd to 7th May	Classical
9th to 13th May	Revision
16th to 20 <sup>th</sup> May	Rajasthani Folk
4th to 8th July	Rajasthani Folk
11th to 15th July	Rajasthani Folk
18th to 23rd July	Rajasthani Folk
25th to 29th July	Rajasthani Folk
1st to 6th Aug	Revision
8th to 12th Aug	Fusion
16th to 18th Aug.	Fusion
22 <sup>nd</sup> to 26th Aug	Fusion
29th Aug to 2nd Sep	Fusion
5th to 10th Sep	Fusion

#### Term II ( 03rd 22 To 28<sup>th</sup> Feb'23 )

3rd to 7th Oct	Dandia & Garba
10th to 15th Oct	Dandia & Garba
17th to 20th Oct	Dandia & Garba
27th and 28th Oct	Dandia & Garba
31st to 4th Nov	Dandia & Garba
7th to 12th Nov	Revision
14th to 18th Nov	Marathi Folk
21st to 25th Nov	Marathi Folk
28th Nov to 2nd Dec	Marathi Folk
5th to 10th Dec	Marathi Folk
12th to 16th Dec	Marathi Folk
19th to 23rd Dec	Revision
26th to 30th Dec.	Hio-Hop
16th to 21st Jan 23	Hio-Hop
23rd to 27th Jan	Hio-Hop
30th to 03rd Feb	Hio-Hop
6th to 10th Feb	Hio-Hop
13th to 17th Feb	Revision
20th to 25th Feb	Revision
27th and 28th Feb	Revision

**Note book -20 Marks**

**Viva- 20 Marks**

**Dance - 60 Marks**

**Syllabus of Yoga (2022-23)**  
**Class VII**

**April**

History of Yoga, Meaning of Suryanamaskar and Mantras.

- 1 Om Mitray Namha
- 2 Om Ravaye Namha
- 3 Om Suryaye Namhe
- 4 Om Khagaye Namha
- 5 Om Bhanave Namha
- 6 Om Pushnaye Namha
- 7 Om Hiranya garbhaye Namha
- 8 Om Mareechayae Namha
- 9 Om Adityaye Namha
- 10 Om Savitraye Namha
- 11 Om Arkaye Namha
- 12 Om Bhaskaraye Namha

**May**

Elements of Yoga

- 1 Yama or 'restraint'
- 2 Niyama or 'purity' : For purity ethical practices of five senses is included which are the five niyamas :
  - \* Saucha ,Santosha, Tapa, Swadhyaya, Ishwara Pranidhana
- 3 Asana or ' Postures'
- 4 Pranayama or 'Breathing exercises'
- 5 Pratyahara or 'sensory withdrawal'
- 6 Dharana or 'Concentration'
- 7 Dhyana or 'Meditation'
- 8 Samadhi or 'Bliss-trance'

**July**

Padamasana (Lotus Pose) and its advantages will be explained.

In this asana, one sits squatting. the position of this asana is that of a Lotus

- 1 A very good meditation posture .
- 2 Improves the strength of legs and flexibility.
- 3 It helps to reduce abdominal fats.

**August**

Tadasana (Palm tree Posture) and its advantages will be explained.

In this asana,the trunk is pulled upward while in the standing position.

The position of Tadasana is like a tree .

- \* It reduces obesity.
- \* It removes constipation.
- \* It removes digestive problems.

**September** **Activity** :Paste the pictures of Surya Namaskar ( 1 to 12 Steps)  
Revision of Surya Namaskar Padmasana and Tadasana.

**October** Trikonasana ( Triangular Pose) and its advantages will be explained.

- \* The arms, Shoulders, legs and feet get strengthened.
- \* Improves flexibility.

**November** Ardh Chakra Asana and its advantages will be explained.

- \* Improves the flexibility of spine
- \* Controls weight
- \* Reduces obesity.
- \* Corrects minor postural defects.

**December** Shalabhasana (Locust Pose) and its advantages will be explained.

- \* Increases the strength of the legs .
- \* Cures the digestive problems.
- \* Increases the abdominal strength.

**January** What is Pranayama ?  
There are various types of pranayama. Some of the popular forms are :

- \* Ujjayee
- \* Shitali
- \* Viloma
- \* Kapalbhatai
- \* Sheetkari
- \* Bhastrika

( Sheetkari Pranayama )

- \* Keeps body and mind cool.
- \* Very effective in stress management.
- \* Removes excess heat from the body.

**February** **Activity** :Make a Chart of different types of Yogasana and Pranayams.  
Revision of Trikonasana, Ardh Chakra Asana, Shalabhasana and Sheetkari Pranayama

## **CLASS VII Syllabus 2022-2023**

### **Life skills and value Education**

#### **Term 1 : 4th April to 10th September'22**

4th to 8th April	Page 1-2
11th to 15th April	Page 3-4
18th to 23rd April	Page 5-6
25th to 29th April	Page 7-8
3rd to 7th May	Page 9-10
9th to 13th May	Page 11-12
16th to 20th May	Page 13-14
4th to 8th July	Page 15-16
11th to 15th July	Page 17-18
18th to 23rd July	Page 19-20
25th to 29th July	Page 21-22
1st to 6th Aug.	Page 23-24
8th to 12th Aug.	Page 25 -27
16th to 18th Aug.	Page 28-29
22nd to 26th Aug.	Page 30&33
29th Aug to 2nd Sep.	Discussion on Child Rights
5th to 10th Sep	Assignment from pages 21 to 27

#### **TERM 2: 3rd October'22 to 28th Feb'23**

3rd to 7th Oct	Page 31-32
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10 th to 15th Oct	page 34-35
17th to 20 <sup>th</sup> Oct	Page 36-37
27 <sup>th</sup> & 28 <sup>th</sup> Oct	Page 38-39
31 <sup>st</sup> Oct to 4th Nov	Page 40-41
7th to 12thNov	Page 42-44
14th to 18th Nov	Page -45-46
21st to 25th Nov	Page 47-48
28th Nov to 2nd Dec	Page 49-50
5th to 10th Dec	Page 51-52
12th to 16th Dec	Page 53-54
19th to 23rd Dec	Page 55-57
26th to 30th Dec	Page 58-60
16th to 21st Jan'23	Page 61-62
23rd to 27th Jan	Page 63-64
30th Jan to 3rd Feb	Page 65-66
6th to 10th Feb	Discussion on Safety Rules
13th to 17th Feb	Video on Bullying with discussion
20th to 25th Feb	Discussion on Healthy food habits
27th & 28th Feb	Discussion on Family & Social values