

SYLLABUS

CLASS I

2022-2023

Recommended style of Writing
Numbers from 1-10

1	2	3	4	5	6	7	8	9	10
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Cursive Writing

Aa Bb Cc Dd Ee

Ff Gg Hh Ii Jj

Kk Ll Mm Nn Oo

Pp Qq Rr Ss Tt

Uu Vv Ww Xx Yy

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SYLLABUS (2022-23)

INDEX

COLOUR OF THE MONTH

VALUE OF THE MONTH

ENGLISH

HINDI

MATHS

EVS

LIFE SKILLS AND VALUE EDUCATION

COMPUTER

ART & CRAFT

YOGA

MUSIC

DANCE

COLOUR OF THE MONTH

APRIL	:	PURPLE
MAY	:	BROWN
JULY	:	BLUE
AUGUST	:	ORANGE, SAFFRON
SEPTEMBER	:	GREEN
OCTOBER	:	WHITE
NOVEMBER	:	RED
DECEMBER	:	BLACK
JANUARY	:	YELLOW
FEBRUARY	:	INDIGO
MARCH	:	PINK

VALUE OF THE MONTH

- April'22 : Be You: You are unique
- May'22 : Dignity of Labour
- July'22 : Be Polite: Politeness costs
Little but yields much
- August'22 : My India - My Pride
- September'22: Effective Communication
You learn when you listen
- October'22 : Truth Triumphs
- November'22 : Science - The magic that
Works
- December'22 : Team Work
- January'23 : Unity in Diversity
- February'23 : Nature Nurtures
- March'23 : Safety Saves

CLASS - I
SYLLABUS 2022 - 23
ENGLISH

English Reader :	Shower of English
Grammar Book:	Essentials of English Grammar & Composition (Part I)
English Worksheets:	Amity (Part I)
	APRIL'22
Shower of English:	L-1 Let Us Revise
	L-2 How Many
	Difficult Words
Grammar:	L-3 One and More than One
Composition:	Myself
Poem:	Creation
	God made the world ,
	As lovely as can be.
	He made the mountains,
	And deep blue sea.
	He gave us grass and tall green trees,
	Beautiful flowers and buzzing bees.
	All these things he wanted us to see,
	So, God made us and He made me.
Story:	The Golden Egg
Value of the Month :	Be You: You Are Unique
Art Integrated Activity :	Making a Collage on 'Myself '

MAY'22

Shower of English:	L-4 Hello
	Difficult Words
Grammar:	L- 6 A, An or The
	L- 7 This ,That ,These, Those
Amity Worksheets:	Pgs 1 to 7 ,36 & 37
Picture Composition :	Apple
Poem:	Mr. Rabbit (Book pg 77)
Story:	Always speak the truth
Value of the Month:	Dignity of Labour
Art Integrated Activity:	To understand the concept of This,That, These,Those through drawing activity.

JULY'22

Shower of English:	L-5 What's This
	Difficult Words
Grammar:	L- 1 Naming Words
	L-2 Special Names
Amity Worksheets:	Pgs 31 to 35
Composition:	A Rainy Day
Poem:	A Happy Child (Book Pg 17)
Story:	The Monkey and The Boy
Art Integrated Activity:	Place the slips of the Naming Words in correct boxes.

AUGUST'22

Shower of English:	L- 18 A Big Hug
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	Difficult Words
Make Sentences:	jungle, birthday
Grammar:	L- 4 He or She
	L -8 I, You ,He, She ,It
	L – 9 We ,You, They
	Genders will be done in notebook.
Amity Worksheets:	Pgs 19 to 23 ,25 to 28
Composition:	Janmashtami
Poem:	Colours
	White is peace, red is danger
	Blue is the Sky ,Green is nature
	Pink is smile ,Black is night
	The Sun is Gold,so the day is bright
Story :	The Bee and The Dove
Art Integrated Activity:	Genders will be taught through fish activity
	SEPTEMBER'22
Shower of English:	L- 8 A Helping Hand
	Difficult Words
Make Sentences :	happy , friend
Grammar :	L- 10 Doing Words
	L – 11 Is, Are ,Am
Amity Worksheets :	Pgs 12 to 16 ,65 to 68
Composition:	Health is Wealth
Poem:	Little Raindrops (Book pg 98)
Story:	Green Friends

Art Integrated Activity:	Make a plant with clay and write doing words in it's leaves.
	OCTOBER'22
Shower of English:	L- 6 At the Zoo
	Difficult Words
Make Sentences:	habit ,dustbin
Grammar :	L- 13 Have , Has
	L- 14 In ,On, Under, Near
Amity Worksheets:	Pgs 29,30,54 to 58
Composition:	Dussehra
Poem:	A Little Seed
	A little seed for me to sow
	A little soil to make it grow
	A little hole ,a little pat
	A little wish , and that is that
	A little Sun , a little shower
	A little while
	And then, a flower .
Story:	The Cunning Fox
Value of the Month:	Truth Triumphs
Art Integrated Activity:	Learn Prepositions with the help of flower activity.

NOVEMBER'22

Shower of English :	L-14 A Beautiful Feather
	Difficult Words
Make Sentences:	pretty , naughty
Grammar :	L- 5 Describing Words
Amity Worksheets :	Pgs 60 to 64, 69 to 73
Story:	The Huge Turnip
Art Integrated Activity:	Show a picture or an object and ask few describing words about it.

DECEMBER'22

Shower of English:	L- 16 Anita Buys A Book
	Difficult Words, Ques/Ans
Make Sentences:	jacket , hair ,basket
Grammar:	L- 12 Is, Are ,Am + ing
	Opposites will be done in notebook.
Amity Worksheets :	Pgs 39 to 43 , 74
Composition:	A Visit to a Circus
Poem:	Just Me (Book pg 44)
Story :	The Clever Crow
Art Integrated Activity:	Placards will be made on topic 'Opposites'

JANUARY'23

Shower of English:	L- 13 The Garden
	Difficult Words , Ques/Ans
Make Sentences :	tired , window ,noise

Grammar :	L-15 Sentences
	L- 16 Capital Letters
Amity Worksheets :	Pg 78
Composition:	My Grandparents
Poem:	Our Flag
	We are Indians , bold and free
	We are Indians , we love our country
	We will guard and keep it free
	We salute our flag with pride
	We sing Jana Gana – Mana
	Standing side by side.
	Jai Hind ! Jai Hind !
Art Integrated Activity:	Students will make garden scene by block painting using vegetables
	FEBRUARY'23
Shower of English:	L- 10 Hina's Rainbow
	Difficult Words , Ques/ Ans
Make Sentences :	Sun , garden ,rainbow
Grammar:	L- 18 Comprehension
Composition:	My School
Poem :	The Kitty Ran Up The Tree(pg 55)
Story :	Idleness is a Curse
Art Integrated Activity:	Make a rainbow with a clay.
	MARCH'23
Shower of English :	L- 11 The Magic Porridge

	Difficult Words , Ques/Ans
Make Sentences :	pot , porridge , mother
Grammar:	L-17 Understanding Words
Amity Worksheets :	Pgs 75 to 77 ,79
Story:	The Wolf and The Shepherd Boy
Art Integrated Activity:	Virtual visit to a Magic Show
Note:	Revision of all Grammar work will be done.
	Emphasis will be on spellings, reading and creativity.
	Dictation will be done regularly
	Group activities and discussions will be done along with picture compositions, stories, listening and speaking skills.
	Pattern for English spelling and grammar worksheets will be given during the first term only.

SYLLABUS FOR WORKSHEETS

TERM	I	II	III
English Spelling Worksheet	Date:4.05.22 Day:Wednesday Shower of English: Difficult Words: L-1,2	Date:26.08.22 Day:Friday Shower of English: Difficult Words: L-4,5,18	Date:19.12.22 Day:Monday Shower of English: Difficult Words: L-6,8,14,16
Grammar Worksheet	Date:11.07.22 Day:Monday Grammar Book: L-3,6,7 Composition : Myself	Date:31.10.22 Day:Monday Grammar Book: L-1,2,4,8 to 11 Composition: Dussehra , Janmashtami Genders:Done in notebook	Date:10.02.23 Day:Friday Grammar Book: L-5,12 to 16 Composition: A visit to a Circus, My Grandparents Opposites:Done in notebook

हिन्दी पाठ्यक्रम

सत्र 2022-23

कक्षा - 1

हिन्दी पाठमाला - सुनहरी धूप

हिन्दी व्याकरण - पराग

अप्रैल '22

सुनहरी धूप : शब्द-रचना (पाठ 2), 'आ' की मात्रा (ऌ) (पाठ 3) का पठन।

दो, तीन, चार वर्णों के शब्द, आ (ऌ) की मात्रा के शब्द, रिक्त स्थान भरिए, चित्रों के नाम लिखिए, उचित मात्रा लगाकर शब्द पूरे करिए व वर्णों से शब्द बनाइए।

अनुच्छेद : मैं (मौखिक)

कविता : बादल आया - जल बरसाया (पृष्ठ 21)

व्याकरण : पाठ 1 भाषा पृष्ठ (5-7)

कला शकीकृत : बच्चे बताएंगे कि वायरस को दूर रखने के

गतिविधि : लिख किन-किन बातों का ध्यान रखा जाना चाहिए।

मई '22

सुनहरी धूप : 'इ' की मात्रा (ऍ) (पाठ 4) का पठन।

इ (ऍ) की मात्रा के शब्द, उचित मात्रा लगाकर शब्द पूरे करिए, मात्राओं से शब्द बनाइए, चित्रों के नाम लिखिए, वर्णों से शब्द बनाइए व रिक्त स्थान भरिए।

अनुच्छेद	: सेव (मौखिक)
कविता	: कलाकार का दिन (पृष्ठ 25)
व्याकरण	: पाठ 3 वर्णमाला (पृष्ठ 11-13)
कला शकीकृत	: बच्चे नई कक्षा पर एक नाटक प्रस्तुत
गतिविधि	: करेंगी।

जुलाई '22

सुनहरी धूप	: 'ई' की मात्रा (ी) (पाठ 5) का पठन। ई (ी) की मात्रा के शब्द, चित्रों के नाम लिखिए, उचित मात्रा लगाकर शब्द पूरे करिए व मात्राओं से शब्द बनाइए।
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अनुच्छेद	: बरसात का दिन (मौखिक)
कविता	: मछली रानी (पृष्ठ 30)
व्याकरण	: पाठ 5 संज्ञा (पृष्ठ 18-21)
कला शकीकृत	: बच्चों को एक ही व्यंजन से नाम, स्थान, गतिविधि जानवर व वस्तु बोलने को कहा जाएगा।

Value of the Month: विनम्रता - एक अद्भुत गुण

अगस्त '22

सुनहरी धूप	: 'उ' की मात्रा (उ) (पाठ 6), 'ऊ' की मात्रा (ऊ) (पाठ 7) का पठन। उ (उ), ऊ (ऊ) की मात्राओं के शब्द, चित्र देखकर वाक्य पूरे करिए, उचित मात्रा लगाकर शब्द पूरे करिए, रिक्त स्थान भरिए व मात्राओं से शब्द बनाइए।
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- अनुच्छेद : जन्माष्टमी (मौखिक)
 कविता : बुलबुल और बगुला (पृष्ठ 35)
 व्याकरण : पाठ 6 लिंग (पृष्ठ 22-25)
 कला शकीकृत : जन्माष्टमी के उत्सव पर बच्चे नृत्य करेंगे।
 गतिविधि

सितंबर '22

- सुनहरी धूप : 'र' वर्ण पर उ(७), ऊ(८) की मात्रा, ऋ की मात्रा (८) (पाठ 8) का पठन।
 'र' वर्ण पर उ(७), ऊ(८) की मात्रा व ऋ(८) की मात्रा के शब्द, चित्र देखकर वाक्य पूरे करें, रिक्त स्थान भरें व मात्राओं से शब्द बनाइए।

- अनुच्छेद : स्वास्थ्य ही धन
 व्याकरण : पाठ 7 वचन (पृष्ठ 29-30)
 कला शकीकृत : बच्चे कहानी सुनते-सुनते चित्र बनाएंगे और व्यंजनों पर उ(७), ऊ(८) की मात्रा लगानी सीखेंगे।
 गतिविधि

- कविता : चिटू मेरा अच्छा दोस्त,
 खाता जैम, मक्खन टोस्ट।
 सुबह-सुबह जल्दी उठता है,
 पाठशाला जाकर खूब पढ़ता है।
 रोज़ इनाम नए पाता है,
 झटपट आकर दिखलाता है।
 अच्छा है ना मेरा दोस्त ?
 खाता जैम, मक्खन टोस्ट।

Value of the Month: प्रभावी संचार - जब आप सुनते हैं तभी सीखते हैं।

अक्टूबर '22

सुनहरी धूप : 'र' की मात्रा (१) पाठ १, 'रे' की मात्रा (२) पाठ 10 का पठन।

'र' (१), 'रे' (२) की मात्रा के शब्द, चित्रों का शब्दों से मिलान करिए, मात्राओं से शब्द बनाइए, चित्रों के नाम लिखिए व उचित मात्रा लगाइए।

अनुच्छेद : दशहरा

कविता : सबसे कुछ किया (पृष्ठ 50)

व्याकरण : रंगों के नाम, सर्वनाम

कला स्कीकृत गतिविधि : बच्चे अलग-अलग रंगों के Band पहनकर रंगों पर कविता गाएंगे।

नवंबर '22

सुनहरी धूप : 'ओ' की मात्रा (१) (पाठ 11) का पठन।

'ओ' (१) की मात्रा के शब्द, रिक्त स्थान भरिए, उचित मात्रा लगाइए व मात्राओं से शब्द बनाइए।

अनुच्छेद : बाल दिवस

कविता : चौरी छोड़ दी (पृष्ठ 60)

व्याकरण : पाठ 2 वर्ण विचार (पृष्ठ 8-10), पाठ 8 विशेषण (पृष्ठ 31-34), त्योहारों के नाम

कला स्कीकृत गतिविधि : अलग-अलग रंगों की कले से विशेषण शब्द

सिखाए जाएंगे।

Value of the Month : विज्ञान - चमत्कारी ज्ञान

दिसंबर '22

सुनहरी धूप : 'ओं' की मात्रा (ँ) (पाठ 12), अं (ँ) (पाठ 13) का पठन।
'ओं' (ँ) की मात्रा के शब्द, अं (ँ) के शब्द, रिक्त स्थान भरिए व मात्राओं से शब्द बनाइए।

अनुच्छेद : सरकस की सैर
कविता : मीठे बील (पृष्ठ 85)
व्याकरण : जानवरों के नाम, पाठ 9 क्रिया (पृष्ठ 35-38),
पाठ 11 उल्टे अर्थ वाले शब्द (पृष्ठ 41-43)

कला शकीकृत गतिविधि : बच्चों को चित्र दिखाकर पूछा जाएगा कि कौन क्या कर रहा है।

जनवरी '23

सुनहरी धूप : अँ (ँ) (पाठ 13) का पठन।
अँ (ँ) के शब्द, मात्राओं से शब्द बनाइए,
वाक्य बनाइए व चित्रों के नाम लिखिए।

अनुच्छेद : मेरे दादा - दादी
कविता : गुब्बारे (पृष्ठ 91)
व्याकरण : पाठ 4 मात्राँ (पृष्ठ 14-17), फलों व सब्जियों के नाम

कला शकीकृत गतिविधि : बच्चे गुब्बारे बेचने वाला बनकर हिन्दी कविता 'गुब्बारे' गाएंगे।

Value of the Month: अनेकता में एकता

फरवरी '23

सुनहरी धूप : संयुक्त व्यंजन (पाठ 15) का पठन ।
क्ष, त्र, ज्ञ, प्र के शब्द, मात्राओं से शब्द
बनाइए, वाक्य बनाइए व रिक्त स्थान भरिए ।

अनुच्छेद : मेरी पाठशाला

कविता : बिल्ली (पृष्ठ 88)

व्याकरण : पाठ 12 शुद्ध करके लिखना (पृष्ठ 44)

कला सकीकृत : बिन्दुओं को क्रमानुसार मिलाते हुए पाठशाला का
गतिविधि चित्र बनवाया जाएगा ।

मार्च '23

सुनहरी धूप : पाठ 21-24 तक का पठन, सभी मात्राओं की
पुनरावृत्ति करवाई जाएगी ।

व्याकरण : पाठ 13 देखना और लिखना (पृष्ठ 45, 46)

पाठ 15 गिनती (पृष्ठ 51) केवल शब्दों में

कला सकीकृत : बच्चे चार्ट पर सभी मात्राएँ लिखकर उन्हें
गतिविधि अपने मनपसंद व्यंजन के साथ जोड़कर पढ़ेंगे ।

कविता : अगर पैड़ भी चलते होते,

कितने मजे हमारे होते ।

बाँध तने में उनके रस्सी,

चाहे जहाँ कहीं ले जाते ।

जहाँ कहीं भी धूप सताती ,
उनके नीचे झट सुस्ताते ।
जहाँ कहीं वर्षा हो जाती ,
उनके नीचे हम छिप जाते ।
लगती जब भी भूख अचानक ,
तोड़ मधुर फल उनके खाते ।
आर अगर बाद कहीं तो ,
झट उनके ऊपर चढ़ जाते ।

✳ Pattern for Hindi Spelling and Hindi Grammar worksheets will be given once during the first term.

SYLLABUS FOR WORKSHEETS

HINDI	TERM I	TERM II	TERM III
SPELLING WORKSHEET	DATE: 18.05.22 DAY: WEDNESDAY सुनहरी धूप: दो, तीन, चार अक्षरों के शब्द, आ की मात्रा के शब्द	DATE: 23.09.22 DAY: FRIDAY सुनहरी धूप: इ, ई, उ, ऊ और ज्ञ की मात्रा के शब्द	DATE: 31.01.23 DAY: TUESDAY सुनहरी धूप: ए, ऐ, ओ, औ की मात्रा के शब्द व अं के शब्द
	DATE: 20.07.22 DAY: WEDNESDAY सुनहरी धूप: दो, तीन, चार अक्षरों के शब्द, आ और इ की मात्रा के शब्द, मात्राओं से शब्द बनाइए, रिक्त स्थान भरिए, उचित मात्रा लगाकर शब्द पूरे कीजिए, वर्णों से शब्द बनाइए, चित्रों के नाम लिखिए।	DATE: 11.11.22 DAY: FRIDAY मात्राओं से शब्द बनाइए, चित्रों के नाम लिखिए, फिर देखकर वाक्य पूरे कीजिए (ई, उ, ऊ, ज्ञ), व्याकरण: संज्ञा, लिंग, वचन, सर्वनाम, रंगों के नाम, अनुच्छेद: स्वास्थ्य ही धन, दशहरा	DATE: 13.03.23 DAY: MONDAY विशेषण, क्रिया, उल्टे अर्थ वाले शब्द, फलों, सब्जियों, त्योहारों व जानवरों के नाम, अनुच्छेद: सरकार की सेवा, मेरी पाठशाला
GRAMMAR WORKSHEET			

SYLLABUS (2022-23)
CLASS I
MATHEMATICS

Name of Book: Together with New Mathematics

APRIL'22

Unit-2 : Playing with Numbers (0 to 20) (Pgs 15-28)
Table : 2
Number Names : 1 to 15
Counting : 301 to 400
Back Counting: 50-1 (50-1)
Activity : Tick (✓) the smaller number and cross out (✕) the bigger number.
Art Integrated Act. : An interesting story related to numbers will be shown or told and some questions will be asked.

MAY'22

Unit -1 : Pre-Number Concept (Pgs 5 to 14)
Unit -2 : Playing with Numbers (Pgs 29 to 32)
Table : 3
Broken Tables : 2 and 3
Number Names : 16 to 30
Counting : 401 to 500
Activity : Colour the kites (Ordinal Numbers)

JULY'22

Unit -3 : Addition & Subtraction upto 20 (Pgs 33-48)
Table : 4
Broken Tables : 2 to 4
Number Names : 31 to 50
Counting : 501 to 600
Activity : Addition by counting forward.

AUGUST'22

Unit - 4 : Playing with Numbers
Unit - 5 : Addition and Subtraction
Table : 5
Broken Tables : 2 to 5

Number Names : 51 to 75
Counting : 601 to 700
Activity : Subtract and colour the balloons .
Art Integrated Act.: Figure me out .

SEPTEMBER'22

Unit - 6 : More about Numbers
Table : 6
Broken Tables : 2 to 6
Number Names : 76 to 100
Counting : 701 to 800
Activity : Match with the numbers

OCTOBER'22

Unit – 7 : More about Addition and Subtraction
Table : 7
Broken Tables : 2 to 7
Number Names : 101 to 125
Activity : Draw more objects in the second column after looking at the third column to find the sum .
Art Integrated Act. : Write the numbers of your choice in the petals of the flower to get the sum given in the centre.

NOVEMBER'22

Unit – 13 : Data Handling (Pgs -133-136)
Revision of the above syllabus will be done.

Activity : Look at the picture and count the number of animals you see and write the numbers in boxes.

DECEMBER'22

Unit - 8 : Multiplication by Repeated Addition
Unit - 10 : Shapes and Patterns
Tables : 10 and 11
Broken Tables : 2 to 7 , 10 and 11
Number Names : 126 to 150
Counting : 801 to 900
Activity : Multiply and colour as shown
Art Integrated Act.: Make a picture of your choice using plane shapes cut out.

JANUARY'23

Unit - 9 : Measurement (Pgs 107 to 112)
Broken Tables : 2 to 7, 10,11
Number Names : 151 to 175
Counting : 901 to 950
Activity : Quiz

FEBRUARY'23

Unit – 11 : Time and Calendar (Pgs 121 to 128)
Tables : 10 and 11
Broken Tables : 2 to 7, 10 and 11
Number Names : 176 to 200
Counting : 951 to 1000
Activity : Help Tony to find the days of the week in the word search. Art
Integrated Act.: Children will make a calendar of February on a A4 sheet
and will draw their favourite fruits and vegetables in place
of Saturdays and Sundays.

MARCH'23

Unit – 12 : Money (Pgs 129 to 132)
Revision of the above syllabus will be done.
Broken Tables : 2 to 7, 10 and 11
Activity : Look at the picture and answer the following questions. Art
Integrated Act.: Paste wrappers of 5 different items and use the dummy
notes or coins to show the amount of the items.

Note:

- Revision of tables will be done in the class every day.
- Mental Maths sums will be done every month.
- Pattern sheet for worksheets will be given once during the 1st Term.

Syllabus for worksheet

I	II	III
DATE: 13.05.22	DATE: 10.10.22	DATE: 20.01.23
DAY: FRIDAY	DAY: MONDAY	DAY: FRIDAY
Unit-2 Playing with Numbers (Pgs 15-28)	UNIT-3 Addition and Subtraction	UNIT-6 More about numbers
TABLE: 2	UNIT-4: Playing with Numbers	UNIT-7 More about Addition and Subtraction
Number Names: 1 to 20	UNIT-5 Addition and Subtraction	UNIT-8 Multiplication by Repeated Addition
Counting: 301 to 450	Tables and Broken Tables : 2 to 5	Tables and Broken Tables :2 to 7, 10,11
Back Counting: 50-1	Number Names : 1 to 75	Number Names : 76 to 150
	Counting: 451 to 700	Counting: 701 to 900

CLASS 1
EVS (2022-2023)

Book : My Green World

APRIL ' 22

- Chapter 1 : Myself
Activity : Draw the same number of balloons as your age. Colour them with your favourite colour.
- Chapter 2 : My Body
Art Integrated Activity : Place your hand on a paper and draw its shape. Make funny faces on the fingers.

MAY' 22

- Chapter 3 : My Sense Organs
Activity : Match the pictures to the correct senses.

JULY' 22

- Chapter 6 : My Food Habits
Activity : Make 5 fruits and vegetables that you love to eat. (With the help of clay)
- Chapter 4 : My Family
Activity : Paste a photo of your family and write 3 qualities of each member.

AUGUST' 22

- Chapter 11 : Our Nation
Value of the Month : My India: My Pride
Activity : Paste pictures of National Flags of 5 different countries
- Chapter 8 : Good Manners
Activity : Draw or paste a picture with title 'Help the Old People'.

SEPTEMBER' 22

Chapter 7 : Keeping Healthy and Safe

Activity : (i) Write names of different brands of toothpastes, shampoos and soaps. Then circle the names of the brands that you use.
(ii) Colour the puzzle to get an important message regarding safety.

Chapter 10 : People Who Help us

Activity : Make a collage on 'Our Helpers'

OCTOBER' 22

Chapter 13 : Air and Water

Art Integrated Activity : Make a paper fan and a paper boat with the help of an old newspaper.

NOVEMBER' 22

Chapter 14 : Seasons in India

Art Integrated Activity : Take a paper plate, paste a golden paper on it and make Sun.

DECEMBER' 22

Chapter 15 : The Earth and the Sky

Art Integrated Activity : Make a wall hanging of moon and stars.

Chapter 16 : How do we travel?

Activity : Draw or paste at least 5 means of transport found in cities and villages.

JANUARY' 23

Chapter 5 : My House and School

Art Integrated Activity : Make a list of tasks you can do to keep your house neat and clean.

February' 23

Chapter 12 : Plants and Animals Around us

Activity : Write the names of any 26 animals whose names start with a, b, c...z in alphabetical order and make a collage of those animals.

Value of the Month : Nature Nurtures

Chapter 9 : Places of Worship and our Festivals

Art Integrated Activity : Decorate a candle with sequins, lace, beads etc.

March' 23

Chapter 17 : Games we Play

Activity : Paste pictures of any 5 indoor and 5 outdoor games and write the number of players in each game.

Note : 1) Pattern sheet for worksheets will be given once during the first term.

2) Grading of chapters 1,4,8 and chapters 15,17,14 will be done in October and March respectively.

Syllabus of Worksheets

	Term 1	Term 2	Term 3
Date:	28.07.2022	28.11.2022	24.02.2022
Day:	Thursday	Monday	Friday
Chapters:	2, 3, 6	7, 10, 11, 13	5, 9, 12, 16

CLASS I
LIFE SKILLS (2022-2023)
Book: My First Safety Workbook

April '22

Chapter 1: Introduction
Chapter 2: Likes and Dislikes

May '22

Chapter 3: Growing Up
Chapter 6: Trusted Grown Ups

July '22

Chapter 12: Scared
Chapter 9: Choosing

August '22

Chapter 4: Body Ownership
Chapter 5: Private Parts

September '22

Chapter 7: Feelings
Chapter 11: Telling

October '22

Chapter 10: Rules for Safety

November '22

Chapter 8: Touches and Looks

December '22

Chapter 15: Strangers

January '23

Chapter 14: Secrets

February '23

Chapter 13: It is not your FAULT

March '23

Chapter 16: Emergency

COMPUTER SCIENCE

2022-23

CLASS - 1

APRIL '22

Introduction

Discussion on Computer Lab manners

Introduction to parts of Computer

Discuss about the use of Monitor, Keyboard, Mouse, UPS, CPU & Printer

Use of Computer in various fields like Hospital, Bank, School, Office, Airport, Railway etc.

Demo on Paint-

Introduction to Toolbox & Colourbox

*Use of Circle tool, Rectangle tool, Line tool and Fill with Colour Tool

Activity Draw the same no. of Circle as your age by using circle tool and fill colour with colour tool.

Activity Draw a Sun with the help of circle and fill colour.

May '22

Activity Uses of Computer in different fields.

Activity Tell five fields where we use computer.

July '22

Activity Draw any three shapes from shapes group and fill colour

Activity Draw two fruits and vegetables that you love to eat

August '22

Introduction to Keyboard – Different types of Keys and their uses

Alphabet Keys (A-Z) & (a-z), Number Keys (0-9)

Caps Lock, Enter Key, Backspace Key and Spacebar

Activity Draw Flag & Fill appropriate Colours

September '22

Introduction to WordPad

Activity Type different name of Computer components

October '22

- Activity Type names of any five Input device
 - Activity Type any five things a computer can do
 - Activity Type names of any five keys of keyboard
-

November '22

- Activity Draw a Star with the help of polygon tool and fill colour
 - Activity Draw a Diya by using half Circle & Full Circle and fill colour
 - Activity Make a Diwali Scene by using Diya & Star
-

December '22

- Activity Draw a Hut with the help of Rectangle & Line tool and fill colour
 - Activity Write down five lines about your Hut
-

January '23

- Activity Type a list of tasks you can do to keep your house neat and clean
 - Activity Type any five things what computer cannot do
-

February '23

- Activity Type 10 names of Animal whose names start with a, b, c...z
 - Activity Type 5 names of Indian Festivals
 - Activity Draw a Candle with the help of Rectangle & Circle shape
-

March '23

- Activity Type any five indoor and outdoor games
- Activity Type five benefits of playing games

ART & CRAFT
CLASS -1 2022-23

The material which is required for the activity has been mentioned along with the activity. It is to be brought by the child from home.

APRIL ' 22

Aesthetics	Cat (Draw & Colour)	[Page-31]
Aesthetics	Sun (Colouring)	[Page-03]
Activity	Yummy fruits on sticks *Any 2 seasonal fruit {chopped} with 2 tooth pick, tissue paper.	

MAY'22

Aesthetics	Fruits (Colouring)	[page-04]
Activity	Collage	[page-30]
Aesthetics	Boat (Draw & Colour)	[page-23]

JULY'22

Aesthetics	Honey Bee (Draw&Colour)	[Page-20]
Aesthetics	Hut {Pasting & Colouring}	[Page-06]
Aesthetics	Tortoise (Colouring)	[Page-08]

August'22

Aesthetics	Janamashtami (coloring)	[Page-19]
Aesthetics	Independence Day	[Page-10]
Activity	Rakhi (Pasting)	[Page-14]

September'22

Aesthetics	Sky Scrapers (Colouring)	[Page-09]
Aesthetics	Fish (Draw&Colour)	[Page-07]
Activity	Peacock	[Page-16]

October'22

Aesthetics	Snake and Ladder (Colouring)	[Page-25]
Aesthetics	Doodling Art (Draw & Colour)	[Page-11]
Aesthetics	Effigy of Ravana	[Page-26]

November'22

Aesthetics
Aesthetics

Diwali (Draw & Colour)
Parrot (Colouring)

[Page-28]
[Page-12]

December'22

Aesthetics
Aesthetics
Aesthetics

Stencil Art (Group Activity)
Christmas (Draw & Colour)
Dolphin (Colouring)

[Page-21]
[Page-33]
[Page-13]

January'23

Aesthetics
Aesthetics

Joker (Draw&Colour)
Republic Day (Colouring)

[Page-32]
[Page-37]

February'23

Aesthetics
Aesthetics
Activity

Lotus (Draw&Colour)
Umbrella (Draw&Colour)
Channa Chaat
*Boiled channa, Chopped Vegetables,
Chaat Masala, 1 Bowl,1 Spoon.

[Page-05]
[Page-24]

March'23

Aesthetics
Aesthetics
Aesheties

Holi Scene (Draw&Colour)
Pattern Scenery
Magician (Activity)

[Page-40]
[Page-17]
[Page-29]

Syllabus of Yoga (2022-23)

Class I

April' 2022

Q. Introduction to Yoga.

Ans. The Union of self with God is called Yoga.

Q. How is yoga important in our daily life ?

Ans. It makes our body healthy and strong.

Q. What is Posture ?

Ans. Sitting and standing in a right way is called posture.

May' 2022 :- Siddhasana : It sharpens our memory.

Padmasana : It exercises our knees.

July' 2022 :- Yogmudra Asana : It removes Asthma Problem.

August' 2022 :- Manduk Asana : It improves our digestive power.

September' 2022 :- Suptavajra Asana : Spine becomes strong.

October' 2022 :- Parvat Asana : It is very good for our shoulders.

November' 2022 :- Revision : Manduk Asana

December' 2022 :- Meditation Mudra : It improves meditation power.

January' 2023 :- Matsya Asana : It exercises our spine.

February' 2023 :- Revision : (i) Yogmudra Asana
(ii) Matsya Asana

March' 2023 :- Revision : (i) Parvat Asana
(ii) Suptavajra Asana

SYLLABUS OF MUSIC 2022-2023

Class - I

1. If you're happy and you know it, clap your hands
If you're happy and know it, clap your hands
If you're happy and know and really want to show,
If you're happy and know it, clap your hands.
- If you're happy and you know it, tap your feet
If you're happy and you know it, tap your feet
If you're happy and you know and you really want to show,
If you're happy and you know it, tap your feet.
- If you're happy and you know it, say hurray
If you're happy and you know it, say hurray
If you're happy and you know and you really want to show,
If you're happy and you know it, say hurray,

2. When we have a holiday what shall we do ? – 2
we take a little bus ride and go to the zoo – 2
we like to see the elephants we like to see giraffe – 2
we like to see the rabbits we like to see lions.
when we have a holiday what shall we do ?
we take a little bus ride and go to the zoo – 2
we like to see the best of all, we like to do the jump – 2
we like to see the sliding down, we like to do the bump.
When we have a holiday what shall we do ?
we take a little bus ride and go to the zoo.

3. अलंकार
आरोह :- सा, रे, ग, म, प, ध, नि, सां।
अवरोह :- सां, नि, ध, प, म, ग, रे, सा।

4. नन्हां मुन्ना राही हूँ, देश का सिपाही हूँ,
बोले मेरे संग
जय हिंद, जय हिंद, जय हिंद, जय हिंद, जय हिंद।

रस्ते में चलूँगा न डर-डर के
चाहे मुझे जीना पड़े मर-मर के
मंज़िल से पहले ना लूँगा कहीं दम
आगे ही आगे बढ़ाऊँगा कदम

दाहिने-बाएँ, दाहिने-बाएँ, थम
नम्हों मुन्ना.....।।

5. लकड़ी की काठी, काठी पे घोड़ा
घोड़े की दुम पे जो मारा हथौड़ा
दौड़ा दौड़ा दौड़ा घोड़ा दुम उठा के दौड़ा

घोड़ा पहुंचा चौक में
चौक में था नाई
घोड़े जी की नाई ने हजामत जो बनाई
टग-बग-4

घोड़ा था घमंडी
पहुंचा सब्जी मंडी
सब्जी मंडी बरफ पड़ी थी
बरफ में लग गई ठंडी
दग-बग-4

6. Jingle bells, Jingle bells
Jingle all the way,
Santa claus is coming along
riding on a sleigh.
Dashing through the snow
in a one horse open sleigh
over the fields we go
laughing all the way.

7. रात श्याम सपने में आए,
दहिंया पी गये सारा सारा सारा,
रात श्याम सपने में आए..... ।

जब श्याम मेरी खिड़की खोली,
खिड़की कर गई चर सारा चर सारा,
रात श्याम सपने में आए..... ।

जय श्याम मेरी बईया पकड़ी,
बईया कर गई करा सारा करा सारा,
रात श्याम सपने में आए..... ।।

8. Happiness is something
you give it away – 2
and it comes right back to you
Oh it's just magic penny
Hold on tight or
Won't get any Lend spend
And give it away
And it comes right back to you.

9. छोटी छोटी गैया, छोटे छोटे ग्वाल ।
छोटो सो मेरो मदन गोपाल ।।

आगे आगे गैया पीछे पीछे ग्वाल ।
बीच में मेरो मदन गोपाल ।।

कारी कारी गैया, गोरे गोरे ग्वाल ।
श्याम वरण मेरे मदन गोपाल ।।

घास खाए गैया, दूध पीवे ग्वाल ।
माखन खावे मेरो मदन गोपाल ।।

10. From school diary
Prayer :- पितु मातु सहायक स्वामी सखा
School song & National Anthem

Session 2022-2023

Dance

Class I

April & May :	Free Style
July :	Bollywood
August :	Marathi Folk
September :	Gujrati Folk
October :	Bollywood
November :	Revision
December :	English Free Style
January & February :	U.P Folk
March :	Revision